





Palm Coast Presents Our Sixth Annual "Taste of Sea Ray/ Meridian" Cook Book



Thanks to all who participated!

2013 Edition

# Appetizers / Salads



- 24 Hour Salad
- Broccoli Salad
- Broccoli Salad
- Crab Stuffed Mushrooms
- Doritos Chicken Dip
- Easy Pasta Salad
- French Salad
- Habanyaki Wings
- Herring Under Fir Coat
- Hot Beef Dip
- Macaroni Salad
- Marinated English Pea Salad
- Mexican Scoop
- Party Meatballs
- Pasta Salad
- Pesto Quinoa Salad
- Shared Dip
- Spinach Bread
- Strawberry & Spinach Salad with Poppy Seed Dressing
- Veggi-wraps











2008 Contestant



2012 Contestant

3<sup>rd</sup> Place Winner for 2012

## 24 Hour Salad

1-12 oz Bag cut up lettuce

1-8 oz Bag frozen baby peas

1-8 oz Cauliflower, fresh or frozen

½ Ib Crisp Fried Bacon

1 Package Good Season Italian

dry salad dressing

1 Cup mayonnaise

2 oz Parmesan grated cheese

Layer baby peas, cauliflower cut in small pieces and bacon in a large salad bowl. Sprinkle "Good Season Mix" on top and then spread 1 cup of mayonnaise. Sprinkle grated Parmesan cheese on top. Wrap tightly and place in fridge for 24 hours. When ready to serve, mix it all up.

- Daryl Lane

#### **Broccoli Salad**

2 heads broccoli or 1 bag shredded broccoli

1 small red onion

8 oz fresh bacon, fried crisp & crumbled (I find it cheaper to buy the little bottles of bacon pieces)

3/4 cup raisins or craisins

1/3 cup almonds chopped

1 cup. mayo or Greek yogurt

1/4 cup. sugar (or less), (could also use Splenda)

2 Tbs. apple cider vinegar

Shred broccoli if needed. Shred onion. Mix mayo, sugar, and vinegar together. Mix all other ingredients in a large bowl. Add dressing and toss lightly. Chill if desired before serving. Variations: Use red cabbage, carrots, cauliflower instead of or in addition to the broccoli and onion. Use sunflower seeds instead of almonds, or other nuts you prefer. Use red wine vinegar instead of apple cider vinegar. -Mary Holm



2013 Contestant



2012 Contestant

#### **Broccoli Salad**

2 heads of broccoli using Broccoli flowerets cut in very small pieces (save some of the stalk and you can julienne them to add more)

1 onion

15 Strips of Bacon (very crunchy)

½ Jar of Sunflower seeds

1 cup Raisins

1 cup mayonnaise

½ c sugar

Vinegar

Pepper to taste

Mix all of your vegetable, sunflower seeds, raisins & bacon ingredients together, then in separate bowl mix together the mayo, sugar and vinegar (you can add more sugar and vinegar until a little soupy, like a dressing... but mix the mayo very well, so that there's no lumps in the dressing), pour over the broccoli mix about 20 minutes prior to serving.- Shawn Wilson

Note: You can also add a pear or apple cut into small bite size pieces

#### **Crab Stuffed Mushrooms**

1 lb large mushrooms

6 Tbsp butter

3 green onions, minced

3-4 Tbsp red bell pepper, minced

4 oz Crab Meat

1 cup fresh fine bread crumbs

1/4 tsp salt

1/4 tsp Old Bay seasoning

1/8 tsp pepper

2 Tbsp Parmesan cheese

Wash and trim the ends of the mushroom stems. Pop remaining stem out, chop stems and set aside. Melt 2 Tbsp of butter; brush over mushrooms. Spray shallow baking dish (about 8"sq or one that will fit mushroom layer). With butter flavored spray or regular spray or grease w/butter. Melt remaining butter in a skillet; add reserved chopped stems, minced onion, and bell pepper. Cook until vegetables are tender. Combine looked ingredients with bread crumbs, crab meat and seasoning. Fill each mushroom piling up. Sprinkle each mushroom with a little Parmesan cheese, if desired. Bake \* 350\* for 15-20 minutes until hot and mushroom caps are tender. This makes 16-20 appetizers- Dee Harrison



2011 Contestant



2011 Contestant

#### **Doritos Chicken Dip**

4 boneless chicken breast

1 can Rotel

1 bell pepper

1 onion

1 large can of Cream of Mushroom Soup

1 large can of Cream of Chicken Soup

1 large bag of Doritos

2 large bags of shredded Colby Jack Cheese

Directions:

Preheat oven to 425\*. Boil chicken, let cool, shred it and set it aside. Mix the Rotel, Cream of Chicken Soup and Cream of Mushroom soup together in a bowl. Dice the bell pepper and onion, then sauté in a skillet and add it to mixture, along with shredded chicken and one bag of cheese. Layer the crushed Doritos in bottom of baking pan, pour mixture on top of the Doritos and pour the other bag of cheese on top and bake until cheese melts. Pull out of oven, let chill and enjoy. – Lance Smith

#### **Easy Pasta Salad**

1 pkg. vegetable rotini (Wacky Mac works good)

1 pkg. Ranch Dressing and Dip mix 1/2 c mayonnaise

1//2 c sour cream

1 tsp milk

garlic pepper (or similar spices you like)

1 c shredded mozzarella or parmesan cheese

1/2 c diced pepperoni

1/2 c chopped olives, tomatoes, onions, or other desired veggies

#### Directions:

Cook pasta according to package directions. While pasta is cooking, mix together Ranch mix, sour cream, mayo, spices, (and milk if dressing seems too thick). Cool pasta and place in large mixing bowl. Stir in dressing, pepperoni, and cheese. Garnish with veggies, stir slightly. Chill before serving.

You may substitute almost any type of cheese, meat, or veggies to your liking. This is the Italian version. – Mary Holm



2012 Contestant



2010 Contestant

2<sup>nd</sup>
Place tied
Winner for
2010

#### French Salad

2 lbs any type of meat
2 lbs potatoes
6 medium onions
2- 15oz cans Green Peas
2 lbs fresh carrots
1 head fresh cabbage
2 lbs Red Beets
1/2 jar Mayonnaise

In a sauce pan boil your meat in water. Remove meat from sauce pan and lightly fry meat in a skillet (fry enough to get brown and flavor). Remove meat from skillet and place in center of platter. Peel, cut and fry your potatoes until brown and tender. Remove potatoes from skillet and place around meat in center of platter. Peel, cut and fry your onions lightly (not too soft). Remove onions from skillet and place around potatoes on platter. Peel and cut your carrots. Place carrots on outside of onions, but in two spots leaving a small gap between vegetables. They will be diagonal from each other. Wash and shred your cabbage. Place cabbage on outside of onions, but in two spots leaving a small gap between vegetables. They will be diagonal from each other. Peel and cut your red beets. Place cut red beets on outside of onions, but in two spots leaving a small gap between vegetables. They will be diagonal from each other. Open and drain can of peas. Place peas on outside of onions, but in two spots leaving a small gap between vegetables. They will be diagonal from each other. Open the mayonnaise jar and place mayo in the gap you left between the vegetables. Platter is ready to serve. -Rozalia Temir

#### Habanyaki Wings

5 lbs. - Whole Chicken Wings

- 1 5 oz. Bottle of Habanero Pepper Sauce I prefer Trinidad Extra Hot Pepper Sauce
- 2 6 oz. Bottles of Low Sodium Teriyaki Sauce
- 2 Tbs. Ground Cayenne Pepper
- 4 Cloves Crushed Garlic

#### Making the Wing Sauce-

Combine the Pepper sauce, Teriyaki sauce, Cayenne and Garlic in a medium sauce pan and heat slowly to a low boil. (You may want to do this outdoors, the fumes can be intense). Allow to boil on low for about 30 minutes. The longer it sits, the better it gets so I sometimes make the sauce ahead of time to allow it to "age". Extra sauce can be refrigerated for weeks. You can use more or less spice to suit your taste.

#### Preparing the Wings –

Wash Wings thoroughly and season with your favorite Spicy seasonings – I like Ground Chipotle pepper, Black Pepper and Salt. Cook Wings on either charcoal or gas grill until wings are nearly done. Brush on sauce and flip wings and re-sauce until wing are starting to crisp. The Sauce will blacken very easily so care must be taken not to burn the Wings. Remove from grill and serve with plenty of Cold Liquid Refreshments.

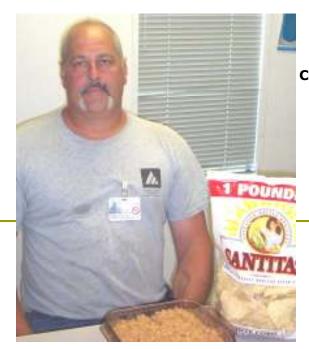
Hint: "Maries Creamy Chipotle Ranch" makes an excellent dipping sauce.

- Jack Jones

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2013 Contestant



#### 2008 Contestant

## **Herring Under Fur Coat**

- 1 filet of Salted Herring.
- 2 Potatoes
- 3 mid. Size onion
- 2 Carrots
- 1 big Red Beet
- 3 Eggs
- 2 Tbsp Mayonnaise
- 2 Tbsp Sour Cream

Salt to taste

Ground Black Pepper to taste

Directions:

Mayonnaise, sour cream, salt, black ground pepper. Boil eggs, potatoes, carrots and red beet until tender. Cut filet of herring to small pieces and cover bottom of plate, Cut onion (small) and cover fish, Shred potato over onion then carrot and beet Make sauce with mayonnaise and sour cream 2 to 1 Cover beet with sauce, shred eggs and spread over sauce You can make several layers of potato, carrots and beet. -Rozalia Temir

## **Hot Beef Dip**

1 lb ground beef

2/3 cup chopped onion

½ c chopped green pepper

3-4 minced garlic clove

8 oz. Tomato sauce

1/4 cup ketchup

1 tsp sugar

3/4 tsp oregano

1/4 tsp pepper

8 oz pkg. cream cheese (softened)

1/4 cup grated parmesan cheese.

In a large skillet, cook beef, onion, green pepper and garlic until meat is browned. Drain, add the tomato sauce, ketchup, sugar, oregano and pepper; simmer for 10 minutes. Remove from heat and stir in the cheeses until melted. Serve warm with tortilla chips.

- Lance Smith





2008 Contestant

## **Macaroni Salad**

1-16oz box of elbow macaroni

3 Hard boiled eggs (Diced)

½ of a large Cucumber (Sliced up in fours)

2 medium stalks of celery (Diced)

2 Medium carrots (Shredded)

½ Green Pepper (Diced)

½ Red Pepper (Diced)

½ Orange or yellow pepper (Diced)

26 Pimento stuffed Manzanilla

Green Olives (chopped very fine)

1/2 Cup Bread & Butter pickle chips or Kosher Dill pickle (Chopped very fine)

1- 40oz Hellmann's Real Mayonnaise

Mix all the ingredient together and refrigerate (keep cool). Makes 50 servings.

- Patti Hummel

## Marinated English Pea Salad

2 - 15 oz. Le Seur Peas, drained

1 – 16 oz. Can whole kernel corn or shoe peg corn, drained

1 – 16 oz. Can French cut green beans, drained

1 – 4 oz. Jar pimento, drained

½ C. Diced celery

½ C. Chopped Green pepper

3/4 C. Splenda (or sugar, if you must)

3/4 C. wine vinegar

½ tsp. Salt

½ tsp. Pepper

5 – 6 Dashes hot sauce

½ C. Canola oil

Combine the first 7 ingredients listed above. Combine the Splenda (or sugar), vinegar, oil, salt, and pepper. Put this mixture in a small saucepan and bring to a boil. Pour over the mixed vegetables. Stir and chill. Serve cold.

#### Variations:

You can switch the above listed vegetables up for any combination you like. Red Onion adds nice color; palm hearts, black olives, pickled garlic (coarsely chopped or diced), baby corn, oriental vegetables, etc. are just a few suggestions.

-Mary Holm



2007 Contestant



2013 Contestant

## **Mexican Scoop**

1 pound Hamburger meat
2 packages Taco seasoning
1 -24 oz Sour Cream
1- 8 oz Shredded Cheddar cheese
1- 8 oz shredded Monterey Jack cheese
1 medium size tomato
6 green onions
1-3 or 4 oz can sliced black olives
1 bag of corn tortilla chips

Cook meat drain fat & mix in 1 package of Taco seasoning. Put on a plate that is 1 -1 ½ high by 10" round in center. Put in fridge and let cool. When cools mix 1 Taco seasoning package in with the Sour Cream spread cream on top of meat. Put both packages of cheese on top of cream. Chop up tomato and put it on the cheese. Next chop up green onions and place them on top of tomatoes with the olives on the very top. Chill and serve with a bowl of corn tortilla chips.

-Daryl Lane

## **Party Meatballs**

- 1- 32oz Package meatballs
- 1- 29oz Tomato sauce
- 1- 14oz Jellied cranberry sauce
- 3 Tbsp Brown sugar
- ½ Cup Lemon juice

In saucepan add in tomato sauce, cranberry sauce, brown sugar and lemon, cook on medium heat until cranberry sauce is melted. Place meatballs in crockpot and pour sauce over them. Cook on low for 4hrs. – Patti Hummel





## **Pasta Salad**

2 boxes Ditalini Pasta (you can substitute any small pasta such as penne)

2 bottles Creamy Parmesan dressing

8- 10 oz Feta Cheese Crumbles 1 large Cucumber, peeled and diced ½ cup Shredded Carrot

½ cup Bacon pieces (fried crisp or pre-prepared)

3 Eggs, hard boiled and chopped 1 Tomato, diced

Directions:

Follow directions on pasta box to cook pasta and let cool. Mix pasta, vegetables and bacon in a large bowl. Add the salad dressing and egg. Fold mixture gently until all the pasta is well coated. Gently fold in the feta cheese. Refrigerate for at least an hour and serve chilled.

-John Woodward

#### **Pesto Quinoa Salad**

1 cup of uncooked quinoa 2 cups of chopped fresh spinach 2 chicken breasts grilled and chopped in pieces ½ jar of roasted red pepper ½ cup of pesto Shredded parmesan cheese Cook guinoa according to package directions and set aside. Cook chicken breast however you prefer. I like to grill mine with a little bit of pepper and olive oil. Chop chicken into bite size pieces. Chop spinach and roasted red peppers into pieces. In a large bowl, combine warm quinoa with chopped spinach and roasted red peppers. The warm guinoa should wilt the spinach nicely. Add chopped chicken breast. Mix about ½ cup of pesto into the salad, I use about ½ a jar of Classico brand pesto. (more or less to taste). Sprinkle on parmesan cheese and enjoy!- Tina Progar







## **Shared Dip**

2 loaves of round sour dough bread 1 large container of sour cream 1 small jar of mayonnaise 3 small cans of sliced black olives 1 bunch of green onions (sliced thin) Lawry's season Dill

Mix the sour cream with the mayonnaise, black olives, and onions. Then mix in 3 table spoons of dill and Lawry's season salt to taste, place in refrigerator to chill. Then take one loaf on the bread and cut into 2 " pieces place in a bowl. Take the other loaf of bead and cut the center out of it, making a bowl out of the bread fill the bread with the dip and place the cut up pieces around the bowl of dip and serve.

-Dee Harrison

## **Spinach Bread**

1 loaf Italian or French bread 1 bag of spinach or 3 boxes (frozen) 1 stick butter 3 or 4 cloves of garlic (chopped) Top with sliced white cheese of choice Munster is especially good

Chop garlic, melt butter, sauté garlic for 1 minute. Add thawed, drained spinach to butter mixture. Open the bread, top with spinach butter mixture, lay sliced cheese on top and put in the oven until the cheese melts.

-Donna Beinert





2008 Contestant 1<sup>st</sup> Place





## Strawberry & Spinach Salad with Poppy Seed Dressing

1 cup toasted –slivered almonds- save ½ cup 8-12 oz strawberry- sliced 1 cucumber- peeled & cored ½ red onion- chopped 10 oz bag of fresh spinach

Prep all vegetables & then toss with spinach. Add nuts.

To prepare dressing
1 lemon- squeeze & zest – use juice & zest
2 tbsp of white wine vinegar
1/3 cup of sugar
1 tbsp olive oil or vegetable oil
1 tsp of poppy seed

Put dressing on salad just before serving and toss lightly. Decorate with a few extra nuts.

-Donna Beinert

#### **Veggi-Wraps**

1 pkg. 10" flour tortilla wraps

2 8oz cream cheese

1 bell pepper, diced

1 red onion, diced

4 celery stalks, diced

4 carrots, diced

1 pkg. dry Ranch dressing

#### Directions:

Place cream cheese in a bowl and microwave for 50 seconds to soften. Add in the Ranch dressing and stir. Lay out all your flour tortillas on the counter top and brush on the cream cheese and ranch dressing mixture. Mix all your diced vegetables in a bowl and then sprinkle all your vegetables mixture on top of the cream cheese/ ranch dressing covered tortilla wraps. Roll up tortillas with vegetables in a tight roll. Line a plate with all rolled tortillas and place in fridge for a few (2-3) hours to chill and settle. Remove the plate from the fridge, take each rolled tortilla and cut into 1.5" slices. Place on platter and keep in fridge until time to serve. - Tricia Giordano



## Entrees

## 1<sup>st</sup> Place



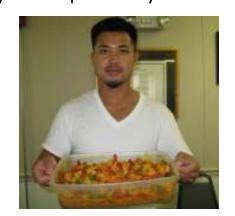




- Baby Back Ribs
- Bar B Q Baked Beans
- BBQ Pulled Pork
- BBQ Ribs
- Beef Enchiladas
- Beef Noodle Bake
- Blackened Chicken Alfredo Lasagna
- Cheese A Hoy Mac
- Chicken Enchiladas
- Chicken Marsala
- Chili
- Clam Chowder
- Coconut Rice
- Corn Casserole
- Country Style Pork Ribs
- Cowboy Beans
- Cuban Pulled Pork
- Goulash
- Grandma Kelley's Beefarone
- Hamburgers in Pineapple Sauce
- Hash Brown Casserole
- Meatballs
- Meatloaf
- Mexican Cornbread Casserole
- Old Fashioned Mac 'N Cheese
- Old St. John's Gumbo
- Pineapple Salsa Chicken
- Potato Soup
- Pulled Pork
- Roasted Corn & Clam Chowder
- Seafood Chowder
- Shepherd's Pie
- Shrimp E'touffe'e
- Shrimp Stir Fry
- Skyline Chili (Spicy)
- Spicy Crock Pot Corn
- Spicy Shrimp Stir Fry

- Spinach & Tortellini Soup
- Stuffed Zucchini
- Summer Cerviche
- Taco Soup
- Turkey Chili
- Turkey Chili
- Turkey Lasagna
- Venison Chili
- Vegetable Medley
- White Lasagna

## **3rd- Place** Sisouphanh "Juy" Sihachak with Spicy Shrimp Stir Fry







2012 Contestant



2007 Contestant

## **Baby Back Ribs**

2 slabs of ribs

1/4 cup Worcestershire sauce

2 Tbs garlic powder

4 Tbs season salt

2 Tbs pepper

2 bottles BBQ sauce

Coat ribs with Worcestershire sauce and spice mix. Wrap in aluminum foil. Place in oven at 225\* for 3 hours. After 3 hours, remove ribs from oven. Unwrap and baste with your favorite BBQ sauce. Place ribs unwrapped back in oven on a baking sheet at 350\* for 1 hour. Remove from oven and let stand for 10 minutes. Slice and enjoy. – Ricky Coyne

#### **Bar B Q Baked Beans**

1 lg. can baked beans (Showboat brand is good)

1 med. onion, chopped finely

1 bell pepper, chopped finely (I

leave this out of mine!)

1/4 C yellow mustard

1/2 C Ketchup

1/4 to 1/2 C brown sugar (depending on how sweet you like them)

1/4 C molasses

Salt, pepper, and garlic powder (or garlic pepper) to taste

Mix all ingredients in an oven proof pan. I use a throw-away foil pan so the clean up is easy. Lay strips of thick sliced bacon on top of the beans. Cover with foil. Bake at 325 until bubbly. Remove foil and bake until the bacon starts to crisp. It won't get as crisp as when fried, but will start to brown. As the beans get closer to done, they should cook down and thicken a little. They are great left over and make a wonderful pot-luck dish!

-Mary Holm



2011 Contestant



2008 Contestant

## **BBQ Pulled Pork**

- 1 boneless Boston Butt
- 1 can Applewood Pork Rub
- 1 bottle of BBQ sauce of your choice Prep:
- 12 Hours before cooking rub the pork with Pork Rub generously, then let it sit overnight.

#### Directions:

Place Crock Pot on low for 7 hours, drain excess juice leaving some in Crock Pot, then pour on BBQ sauce. Let it sit for 1 hour then carefully serve. – Gabe Valentin

## Marinate rack of ribs two nights before cooking. Marinade

**BBQ Ribs** 

- 1 Cup red wine
- 2 Tsp Worcestershire sauce
- 2 Tsp Garlic powder
- 1 Cup Oil
- 4 Tbps Ketchup
- 2 Tsp Sugar
- 1 Tsp Salt
- 3 Tbls Vinegar
- 1 Tsp Marjoram
- 1 Tsp Rosemary
- ½ Tsp Seasoned pepper
- Rib Rub before Marinating
- ½ Cup dried red Chili peppers or Chili powder
- 1/4 Cup Paprika
- 2 1/4 Tbsp Black Pepper
- 3 Tbsp Garlic Salt
- 1/4 Cup Sugar
- 1 Tbsp Dry Mustard
- 1 Tsp Ground Oregano

#### **BBQ**

- 2 Onion finely minced
- 1 Clove garlic finely minced
- 1/2 Stick of butter
- 1- 14oz Jar of ketchup or any BBQ for base
- 1 Cup water
- 2 Tbsp Olive Oil
- 2 Tbsp Salt
- 1-3 Tsp Chili powder
- ½ Cup Brown Sugar
- 1/4 Cup Honey
- ½ of Fresh Lemon juice
- ½ Can of Beer

Grill ribs till brown, spraying with marinade. Put ribs in roaster and pour BBQ sauce over them. Garnish with green peppers and bake for two hours on 325\*. Enjoy! -Gypsy Sharp



2011 Contestant



2010 Contestant

#### **Beef Enchiladas**

1 lb ground beef

2 cans Ranch Style Beans

2 cans Rotel

2-8 oz bags Mexican Cheese (Shredded)

1-8 oz container of sour cream

2 bags Mission Tortillas

1 can of corn

1 can black beans

1 Pkg Taco Seasoning

Directions:

Brown the ground beef then drain the meat. Add the beans and Rotel, cook on low for about 10 minutes. Add 1 bag of cheese and let it melt. I heat up each tortilla by placing the tortilla over the flames for a few seconds, then removing with tongs (be careful to not burn yourself). Using a large spoon, place 1 1/2 scoops of mixture into each tortilla, sprinkle more cheese then roll and place into pan. When you have filled all of the tortillas, put the remaining meat in a pan. Add the corn and black beans and cook for a few minutes. then pour over your Enchiladas. Sprinkle the remaining cheese on top and heat in oven until cheese is melted and serve. For hotter meat you can get the hotter Rotel. -

JD Bradshaw

#### **Beef Noodle Bake**

1 lb. ground beef

1/2 tsp minced garlic (1 clove of garlic minced)

1- 15 oz can tomato sauce

1-8oz pkg. egg noodle

1- 3 oz pkg. cream cheese (dbl= 8 oz pkg.)

2 tbsp butter

1 tsp salt

1 dash pepper

1 small onion- diced

1- 8oz cup sour cream

½ cup (4oz) shredded cheese

Melt butter in skillet. Add ground beef and cook until browned. Add garlic, salt, pepper and tomato sauce. Cover & simmer for 20 minutes. While mixture is simmering, cook noodles and drain. In a separate bowl, combine onion, sour cream and cream cheese. Pour ½ of the noodles in a casserole dish (8x8 or 9x9). Cover noodles with ½ the sour cream mixture. Cover with ½ the meat sauce. Repeat (2 layers). Sprinkle with shredded cheese and bake at 350 degrees for 20 minutes.

- Susan Johnson



#### 2011 Contestant



2012 Contestant

#### Blackened Chicken Alfredo Lasagna

- 1 1/2 lbs chicken breast cutlets sliced thin
- 1 jar Paul Prudhomme's blackened redfish magic
- 1 qt heavy whipping cream
- 2 cups freshly grated Pecorino Romano cheese
- 3 cups part skim ricotta cheese
- 3 cups grated mozzarella cheese
- 1 box lasagna shells
- 1 egg (beaten)
- olive oil
- salt and white pepper to taste
- 1 clove garlic (minced)

#### Directions:

In a 10- inch skillet, pour just enough olive oil to coat the bottom of the pan. Heat the oil until clear and just before smoking. Coat chicken cutlets in a liberal amount of the blackening seasoning and carefully place in oil (You can adjust the coating depending on the spiciness you prefer). Turn the cutlets as soon as a crust begins to form, approximately 1 or 2 minutes. Once the second side has developed a crust remove to a plate to drain. In a 12 or 14- inch skillet pour 1 tbsp of olive oil and the clove of garlic. Sweat the garlic until soft and aromatic. Add the cream and bring to a boil. Once the cream begins to boil it will froth fairly quickly, reduce the heat and allow it to simmer for 5 minutes. Increase the heat and bring it to froth again and remove from the heat. Whisk in the Romano cheese slowly until the mixture begins to thicken. Once the Romano cheese is in add the cream cheese, stirring constantly, then whisk in the egg. Put aside. Boil the lasagna noodles according to the package directions and drain. Rinse them with cold water and allow to drain. In a large mixing bowl, combine the ricotta and mozzarella cheese and mix thoroughly. Using a large casserole or baking dish, begin to layer the ingredients as follows: 1 layer sauce, 1 layer noodles, 1 layer chicken, 1 layer cheese mixture. Repeat until all of the ingredients are used, or you cannot complete full layers anymore. Always finish with a cheese layer. If there is sauce left you can reheat it for dipping Italian bread with meal. Heat the oven to 375 degrees and bake for 45 minutes to 1 hour or until the top begins to turn brown and bubbly. Serve immediately with fresh warm Italian bread and a nice Chardonnay. - John Woodward

#### Cheese A Hoy Mac

- 1 lb elbows macaroni
- 1 Stick of butter
- ½ cup chopped onion
- 1 lb ham steak, cut up in cubes
- 2 Tbsp cornstarch
- 1 tsp salt
- 1 tsp dry mustard
- 5 cups milk
- 4 cups Kraft finely shredded triple cheddar cheese

Preheat oven to 375\*. Fully cook the Elbow's by directions on the box. Melt and combine butter, onion, cornstarch, salt and mustard. Add milk bring to boil then add cheese until mixture thickens pour over Elbows and stir in ham. Pour in baking dish 13x9. Cook for 30 minutes. – Pattie Hummel



2011 Contestant



**Chicken Marsala** 

2007 Contestant

#### **Chicken Enchiladas**

2 Tbsp Margarine
2 Tbsp Flour
1 Cup Milk
1 Tsp Salt
1- 8oz Pkg shredded Monterey Jack cheese with Jalapeno
2 Cups chopped cooked chicken
½ Cup Chopped Avocado
1/3 Cup Chopped Olives

½ Cup Chopped Onion

12 Tortillas

Oil

Make a white sauce with the margarine, flour, milk and salt. Add 1 cup cheese; stir until melted. Add chicken, avocado, tomato, olives and onion; mix well. Dip each tortilla in hot oil to soften. Place about 1/3 cup chicken mixture on each tortilla; roll up tightly. Place seam side down in 12" x 8" baking dish. Top with remaining cheese. Bake at 350\* for 20-25 minutes. Makes 6-8 servings.

-Darrel Bugno

2 Lbs Chicken Broth
½ Cup all purpose flour
2/3 Cup Marsala wine "Florio dry"
12 oz sliced mushrooms
2 Tbsp Butter
¼ Cup Extra Virgin Olive oil
8 oz Cheese Florentine if available
Extra bottle of wine
2 Tsp of Bouillon or 2 cubes of Bouillon
1 Cup water for Bouillon
Salt to taste
Pepper to taste

Flatten boneless chicken breast until approximately same thickness. Wooden mallet requires several thumps on both sides. Recipe calls for coating chicken pieces with flour, but you may shirt them instead. Heat the olive oil until very hot, then add 2 Tbsp butter. When almost melted, add chicken. Now open wine and taste first. Turn chicken after two minutes or lightly camelized. Pour more wine to let breathe When chicken has acquired light caramelized color remove from pan to a plate. Add mushrooms to pan. When mushrooms have lightly browned (frequently stirring), add Marsala wine. Taste wine again. Bring to a boil to reduce liquids. When reduced by ½, reduce heat. Taste wine again to make sure taste hasn't changed. Add bouillon stock and stir. Slice pocket in chicken and stuff with slice of cheese. Add chicken to stock and simmer until chicken is cooked (about 10 minutes). Remove chicken to a platter. Thicken stock slightly, dusting with flour and whisking. When thickened, add mushrooms and pour over chicken. Chicken keeps better if covered with sauce if serving time is delayed. Serve with favorite pasta or mashed potatoes. Drink chicken and eat wine, at least after cooking this dish!

-Herb Richardson



2012 Contestant



2013 Contestant

#### Chili

6 oz can tomato paste 28 oz can pork & beans 15.5 oz can chick peas 15.25 oz can corn 2- 15.5oz cans dark kidney beans 15 oz can black beans

2- 15.5 oz can light kidney beans

large bell pepper

2 lbs lean ground beef large spanish onion

2 Tbsp dark sugar

6 Tbsp chili powder

1 Tbsp minced garlic

2 tsp salt

1 tsp pepper

4 roma tomatoes cut to 1'x1' chuck ( or 1 can of stewed tomatoes)

1 cup water.

Dice bell pepper & onion, add to skillet with beef, garlic, black pepper and four tablespoons of chili powder. Stir frequently over medium heat for 15-20 minutes, until liquid is gone. Meanwhile add kidney beans, black beans, pork & beans, chick peas and corn to large pot with brown sugar, water, salt and remaining 2 tablespoons of chili powder. Add beef and simmer gently for 10 minutes. Serve with oyster crackers. – For southwest version, substitute half of the chili powder with taco seasoning and serve with Fritos.

Note: For those who enjoy a little spice, each version can be embellished with my personal favorite- 1 Datil Pepper (or two) finely minced and added before simmering. Serves 8-10, depending on appetite. - Shane Jones

**Clam Chowder** 

1 Stick Butter

8 Bacon slices

2 cups yellow onion

2 cups celery

2 cups carrot

4 cups potatoes

1 tbs fresh thyme

Salt to taste

Fresh cracked black pepper to taste

1 quart clam juice

½ cup all purpose flour

3-4 cups fresh clams with juice (hand chopped)

1-2 cups heavy cream.

Brown the bacon in a pan. Add all ingredients except clams in the crockpot. Cook until vegetables are tender (about 4-5hrs on low). Add clams at the end, simmer until clams are done.

Jesse Beatson



2008 Contestant



2010 Contestant

#### **Coconut Rice**

3 cups white rice

1 cup coca cola (Coke or Pepsi)

1 tsp sugar

1 tsp salt

1/4 cup olive oil

1 coconut

2 cups of water

Use a fresh coconut- cut coconut & scoop meat out of the coconut- put into blender with 2 cups of water. Squeeze the coconut in cheesecloth- discard coconut. Save the water- let it sit in bowl for at least 30 minutes to float oily substance to top.

After 30 minutes, skim the top of the water (still saving water). Put into a really hot pan & this will make oil. After you see the oil, then add ¼ cup of olive oil, sugar & salt. Wash & add rice & stir fry for 8-10 minutes. Then add the 2 saved cups of coconut water, 1 cup of Coca Cola. Bring to boil after the water is reduced and you can see the rice. Reduce heat to low setting for 30 minutes.

- Martha Urrutia

#### **Corn Casserole**

1 box of Jiffy Corn Bread mix 1 8 oz. container Sour Cream 1 Egg 1 (14.7 oz) can of Cream Corn 1 (15.2 oz) can of Whole Corn 1/4 cup of Sugar (or to taste) 1/3 cup Milk

Follow the directions of the Jiffy Corn Bread Mix and add the other ingredients. Place in the oven 350 degrees for about 30-40 minutes. Do the toothpick test to make sure it's cooked completely.

-Ailyn Ryan



2013 Contestant

## 1st Place

2012 Contestant





## **Country Style Pork Ribs**

½ cup BBQ Sauce "your choice"

1 cup Coca Cola

½ cup water

2 tbs Yellow Mustard

1 tbs Honey

3 tbs brown Sugar

½ tbs Red Pepper Flakes

1 tsp Onion Powder

1 tsp McCormick Apple Wood Rub

3-4lbs Country Style Pork Ribs Salt and Pepper to taste Directions:

In a large mixing bowl combine all ingredients except ribs. Place ribs in a large crock pot and pour your mixture from the bowl on top of the ribs. Cook on low for 10-12hrs.

- Dave Tilton

## **Cowboy Beans**

1 pound Jimmy Dean maple sausage

1 tsp. ground mustard

1 Tbsp. vinegar

1/2 cup chopped onion

1/2 cup ketchup

3/4 cup brown sugar

1 can pork & beans

1 can kidney beans (drained & rinsed)

1 can lima beans (drained & rinsed)

Brown & drain meat. Add remaining ingredients. Place in baking dish, cook at 350 degrees for 45 minutes. – Joel Cox



3<sup>rd</sup> Place Winner for 2011

2011



2007 Contestant

#### **Cuban Pulled Pork**

1 2-3lb boneless Pork Shoulder or Boston Butt Roast 1 whole onion chopped 2-3 cloves of garlic (minced or chopped) 1/4 cup olive oil 1-2 cup water Mojo Marinade

#### Directions:

Marinade pork overnight with Mojo Marinade. Smoke at 200\* for 4-6 hours or until meat begins to fall apart. Remove and let rest. In a large sauce pan or crock pot heat olive oil, chopped onion and garlic. Allow onion to caramelize and add pork along with 1-2 cups of water. Begin pulling apart pork and cook until water reduces by at least ½. Serve with choice of Yuca root, black beans and rice.- Steve Carl

## **Goulash**

1 box of noodles (elbows)
1 green pepper
1 onion
1 pound of ground beef
2 jars of spaghetti sauce
1 can of corn (optional)
Spices
Garlic
Salt
Pepper
Italian Seasoning

Boil noodles until done, then set aside. Brown ground beef and add in 1 diced green pepper, and 1 diced onion. Now add all spices, mix all together, and put your sauce in a pot slowly warming. Add your ground beef mixed with onion, green pepper, all spices and corn (optional). Simmer until hot, then add in your noodles and let it cook on low for 30 minutes more. Serve with garlic bread and enjoy.



2007 Contestant 1<sup>st</sup> Place





2013 Contestant

#### **Grandma Kelley's Beefarone**

1 ½ Cup elbow macaroni 1 ½ Lbs beef Half large sweet Vidalia onion 2 - 14.5 oz cans of stewed

tomato 3 - 6 oz cans of tomato paste

1-7 oz can of mushroom

3/4 Tsp cayenne pepper

1/4 Tsp black grounded pepper Salt to taste

1 ½ Lbs sharp cheddar cheese

Boil noodles until tender, then strain them. Use the same pot to cook the grounded beef along with chopped onions until beef is browned. Turn stove to medium heat, then add stewed tomatoes, tomato paste and mushrooms. Turn stove to medium/ low heat. Add cayenne pepper, black pepper, salt & noodles. Mix in cheese until cheese is melted. Remove from stove and serve.

-Orrin Kelley

#### Hamburger in Pineapple Sauce

1 lbs Lean Ground Beef

3 tbsp Soy Sauce, divided

1 tbsp Cooking oil

1 medium Onion, sliced length wise

2 tsp Minced Ginger Root, optional

1 cup Beef Broth

1 cup small Cauliflowers

1 8 1/4 oz can sliced Pineapple in Syrup

2 tbsp Corn Starch

1 medium Green Pepper out in Rings

2 cups hot cooked white or brown rice Directions:

Mix lightly beef, 1 tbsp soy sauce, then shape meat into 4 large patties about ½" thick. Heat oil in medium skillet and add patties. Brown patties quickly on both sides remove meat. Add onion and ginger dripping in skillet, sauté lightly. Return patties to skillet and add broth, cover and cook 2-3 minutes or until hamburgers are to your desired wellness. Remove from skillet. Drain pineapple saving ½ cup of syrup for later. Blend cornstarch, pineapple syrup, and remaining soy sauce. Stir into mixture in skillet, cook until slightly thickened. Return hamburger to skillet, reheat and serve on green pepper rings and Cauliflower with rice spooned over sauce. - Lance Smith





2008 Contestant

## **Hash Brown Casserole**

2- 1lb Bag of Ore Ida PotatoesO'Brien (Keep Frozen till mixing)1 Medium Sour Cream1 -8 oz Can of Cream of ChickenSoup

1 Stick of butter

1- 8 oz bag shredded cheese (Pizza mix)

Preheat oven on 375\*. Melt butter and mix Sour Cream, cheese & soup, add potatoes, mixing thoroughly. Put in Pyrex Casserole dish and spread bread crumbs on top. Cook on 375\* for minimum of one hour. Keep checking until golden brown. Serve warm for best taste. Serving size of 4-6 people. -Shawn Wilson

#### **Meatballs**

1 lb ground beef

1 lb ground chuck

4 Eggs

6 Cloves of garlic chopped

½ Finely chopped Onion

1 Chopped Bell pepper

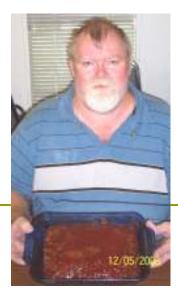
1 Tbsp fresh Parsley Italian bread crumbs Olive oil

½ Cup Parmesan Cheese

½ Cup Romano Cheese

In a large bowl mix the ground beef and ground chuck. Add in the eggs and mix well. Then add in garlic, onion, pepper and parsley. This will be very moist; mix well and add in the cheese. Add in bread crumbs to give consistency. In a large sauce pan, put two tbsp of Olive Oil and warm up to medium to high heat. Roll meat into 1" to 1/2" balls and brown all sides; turning constantly. Once all are browned, pour in one cup of water and let cook until water is gone. Add to your favorite spaghetti sauce and serve over pasta.

- Dee Harrison



2008 Contestant



2008 Contestant

## Meatloaf

½ cup Ketchup 1/3 cup firmly packed brown sugar 1/4 cup ReaLemon juice from concentrate 1 tsp dry mustard 1 ½ lbs lean ground beef 1 ½ cups fresh bread crumbs (about 2 ½ slices) 1/4 cup finely chopped onion 1/4 cup green pepper chopped small 1 egg slightly beaten 1 tsp beef flavor instant bouillon

Preheat oven to 350\* in a small bowl, combine ketchup, sugar, 1 tbsp of ReaLemon & mustard; set this inside. In a large bowl, combine remaining ingredients & 1/3 cup of liquid sauce mixture & mix well. In a shallow baking dish, shape into loaf & bake for 1 hour, remove & pour off the fat. Pour remaining sauce over the meat loaf & bake for 10 more minutes.

-Bruce Johns

#### **Mexican Cornbread Casserole**

- 1 box cornbread mix
- 1 can whole kernel corn
- 2 jalapeno peppers, seeded and diced
- 1 pound lean ground beef
- 1 can tomato paste
- 1 onion
- 1 clove garlic
- 1 green pepper
- 2 Tablespoons chili powder
- 2 Tablespoons cumin

Hot sauce added to taste

- 1 teaspoon salt
- 2 cups sharp cheddar cheese grated Sour cream and chopped green onions for garnish

In large frying pan sauté coarsely chopped onion and bell pepper in a little vegetable oil. Add minced garlic for a few minutes, remove veggies from pan and brown ground beef. Add tomato paste, 1 1/2 cup water, vegetables, and all spices and simmer for about 30 minutes until thick. Set aside to cool a bit.

Preheat oven to 375.

Prepare cornbread mix, per instructions adding in 1 can whole kernel corn drained well and the minced jalapeno. Pour batter into greased lasagna pan. On top of batter, carefully spoon chili beef mixture covering entire batter. Bake for 30-40 minutes until cornbread is done. Put shredded cheese on top for last 10 minutes of baking time. Remove from oven and let set before slicing into squares. Serve with a dollop of sour cream and a sprinkle of green onions. -Kate Willan



2010 Contestant

Judges gave honorable mention that dish almost placed



2011 Contestant

## Old-Fashioned Mac 'N Cheese

6 to 8 oz Elbow macaroni –cooked to box directions

1 tsp Salt

1 tsp Garlic Pepper

3 – 4 c Grated Cheese of Choice (Sharp cheddar and Colby/Jack mixed are good)

2 c Thin White Sauce (see below how to make this)

2 Tbs Butter or margarine

Heat oven to 375 degrees. Cook macaroni as directed on box.

Place half the macaroni in an ungreased 2-quart casserole dish. Sprinkle with half the cheese mix and spices. Repeat this layer with the rest of the macaroni. Pour white sauce over casserole. Dot with butter. Bake covered 30 minutes. Uncover and bake another 15 minutes or until it starts to brown on top. For added taste, you may add cracker crumbs at this point.

#### Thin White Sauce:

For each cup of sauce: 1 Tbs Butter or Margarine ½ to 1 Tbs flour ¼ Tsp salt 1/8 Tsp pepper

1 c Milk

Melt butter in sauce pan on low heat. Blend in flour and spices. Cook over low heat until smooth and bubbly. Remove from heat and stir in milk. Heat to boiling, stirring constantly. Sauce will be thin but thicker than the milk by itself.

- Mary Holm

## Old St. John's Gumbo

1 lb cooked Andouille sausage

1 lb cooked and peeled medium shrimp

4 Florida lobster, cooked and cut to bite size

1 dozen Blue crabs, boiled and picked

8 cups hot cooked rice

1 bunch celery, chopped

3 cups Okra, chopped

2 large bell peppers, chopped

1 large St Augustine onion, diced

1 tsp ground black pepper

1 tsp ground red pepper

1 tbsp minced garlic

½ tsp Old Bay

½ tsp dried oregano leaves

1/2 tsp cilantro leaves

½ tsp thyme

3 Bay Leaves

12 cups chicken broth

1/4 cup olive oil

1/4 cup Flour

1 Datil pepper, minced (optional)

#### Directions:

Cook sausage in pan 8- 10 minutes, until brown; add Bay leaves to large pot of water, bring to boiling, add Shrimp, Lobster and boil for 3 minutes, remove and peel, set aside. Add crabs and boil for 3 minutes. Remove, allow to cool and pick, set aside. Combine olive oil, flour and okra in large sauce pan and cook over high heat for 5 minutes, stirring often. Add celery, onion, bell pepper, datil, garlic, black and red pepper, oregano, cilantro and thyme, reduce heat and cook stirring occasionally until tender. In large pot add chicken broth, bay leaves, seafood, sausage and vegetables, bring to simmer for 10 minutes, remove bay leaves then serve. — 26 Shane Jones



2010 Contestant



2013 Contestant

#### Pineapple Salsa Chicken

4 skinless chicken breast halves or diced

1- 20oz.can tidbit pineapple (drain the juice)

1-29oz. can black beans (do not drain)

1-24oz. jar mild to medium chunky-style salsa 1-4.5oz. Green Chiles

#### Directions:

Place the thawed chicken breasts in the crock pot and add the rest of the ingredients. Cook on low for 6-8 hours.

Serve with corn chips and some rice.

-Tricia Giordano

#### **Potato Soup**

3 lbs Red Potatoes, cut into bite size

4-6 Celery stalks, cut to 1/4"

1 Large onion, diced

1 Tbsp Minced Garlic

1 bunch Fresh Parsley, chopped thin

6 or more slices of American Cheese

3 Tbsp Butter (Smart Balance) ½ cup Milk

1 Tbsp McCormick's Natures Seasoning

Add potatoes, celery, onion, ½ parsley, garlic and water to pot. Cover all items in pot with water then add lid and simmer for 12 minutes. Add cheese, butter, remainder of parsley, Nature Seasoning and milk. Stir a couple minutes and serve. – Shane Jones



2012 Contestant



2013 Contestant

#### **Pulled Pork**

1 Boston Butt Pork Roast1 bottle of your favorite BBQ Sauce1 pkg. Pepper Lemon

Season pork roast with Pepper Lemon, then place roast in a slow cooker on low for 8-10 hrs (depending of the size). When meat is tender remove from slow cooker to cool. Shred your pork roast with a fork and then add your BBQ sauce. Let sit for 1 hr and serve. – Lance Smith

#### **Roasted Corn & Clam Chowder**

1 stick Salted Butter

1 Sweet Onion, diced

4 Celery Stalks, diced

1 bag frozen corn (White or Yellow)

6 Tbsp All Purpose Flour

4 cups Chicken Stock

4- 10 oz cans Chopped Clams in Juice (Save the juice)

4 Bay Leaves

2 lbs Red Potatoes, cut into ½" cubes

Salt to Taste

Black Pepper freshly ground 4 Cups Heavy Whipping Cream On a cookie sheet roast corn at 350 degrees until slightly brown. In a large pot melt butter over medium heat, add onions and celery; sauté until soft. Stir in flour and mix until flour begins to bubble. Add chicken stock and clam juice. Add whipping cream, potatoes and Bay Leaves. Bring to a simmer, while constantly stirring until mixture thickens. Once thickened, reduce heat to medium/ low and cook 20-30 minutes, while stirring frequently until potatoes are tender. Add roasted corn and clams. season with salt and pepper. Cook until clams are tender. - Steve Carl



2008 Contestant



2012 Contestant

2<sup>rd</sup> Place Winner for 2012

## Shepherd's Pie

## **Seafood Chowder**

1 quart heavy whipping cream ½ stick of butter

1 lb shrimp

3 Florida lobster tails

2- 8oz canned oyster

2- 6oz canned clams

6 Bay leaves

2 Tsp salt

1 tsp ground coriander

1 tsp old bay

1 bunch fresh parsley chopped fine (about 1 cup firmed slightly)

1 large head cauliflower

Steam cauliflower for 10 minutes or until tender. In large- one gallon/ 4 quart container, combine cream, butter, bay leaves, salt, celery seed, coriander, old bay, parsley at medium temp. Peel & devein shrimp, remove lobster and cut into chunks. Heat red and white wine over medium heat, add shrimp and lobster. Sauté for five minutes, add to pot, add oyster, crab meat, clams, cauliflower, simmer 5 minute and done. Remove bay leaves before serving.

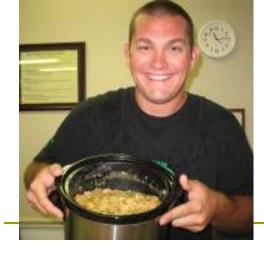
-Shane Jones

4 Tbsp jalapeños
2 Tbsp olive oil
10 oz Frank's Hot Sauce
3 -4 garlic cloves, minced
1 large bag frozen mixed vegetables
Salt to taste
freshly ground black pepper to taste black
2 lbs Lean ground beef

Cheesy Mashed Potatoes
4 lbs potatoes, peeled and cubed
4 tablespoons butter
1/4 cup heavy cream
1 cup grated cheddar cheese
Salt, to taste
Freshly ground black pepper, to taste

Cheesy Mashed Potatoes: Fill a large saucepan with cold water; season with salt (1-2 teaspoons). Add potatoes to the water and bring to a boil. Let potatoes cook until soft about 20 minutes. Drain the potatoes and place them back into the saucepan for mashing. Add butter and cream and begin to mash potatoes into a semi smooth consistency. Once at desired texture, add cheese and mix well. Season with salt and pepper.

Shepherd's Pie: (Begin preparing while potatoes are boiling). Preheat oven at 400 degrees F. Add oil to a large skillet on medium heat. Saute garlic until tender for about 7 to 10 minutes. Season with salt and pepper. Add the ground beef and cook until beef is no longer pink about 10 minutes. Add the Frank's Hot Sauce and jalapenos. Season with salt and pepper, to taste. Cook and simmer for another 10 minutes. In microwave, cook mixed vegetables for 10 minutes and then let sit. Transfer Beef mixture to an oven-proof baking dish and spread evenly on the bottom. Add mixed vegetables as the second layer and mix evenly. Place cheesy mashed potatoes as top layer and spread out evenly, once the top surface has been covered, rake through with a fork so that there are peaks that will brown nicely. Place the dish into the preheated oven and cook until browned about 20 minutes. - Tricia Giordano



2013 Contestant 1<sup>st</sup> Place





2010 Contestant

#### Shrimp E'touffe'e

½ cup Vegetable Oil

½ cup Flour

1 cup Onion, chopped

½ cup Bell Pepper, chopped

1 cup Celery, chopped

3 cloves Garlic, chopped/ minced

½ tsp White Pepper

½ tsp Black Pepper

½ tsp Cayenne Pepper (More if you like spicy)

1 tsp Cajun Seasoning

½ cup Scallions, chopped

½ cup Parsley, chopped

Hot sauce (as desired)

1 8oz bottle Clam Juice

1 can Rotel (diced tomatoes w/ green chilies)

Salt (to your taste)

2 lbs Shrimp (peeled)

1/2 stick butter

3-4 cups cooked Rice (if mixed)

#### Directions:

In a large saucepan, combine oil and flour to prepare roux. Whisk in flour to form a paste over low heat, cooking until roux turns a caramel color (about 20 minutes), keep whisking until done. Add onion, bell pepper, celery and garlic. Cook over low heat, until vegetables are tender. Add the white pepper, black pepper, cayenne pepper, Cajun seasoning, scallions, parsley and 10-15 dashes of hot sauce (your desired amount). Pour in clam juice and Rotel, stir and add salt (I use 2 tsp). Bring to a boil; reduce to a simmer for 10-15 minutes. Add shrimp and stir; the shrimp should take between 5-7 minutes to cook (Do Not Over Cook!). Remove from heat and stir in the butter. I usually mix in the cooked rice, but it is equally as good served over top of the rice (use 6 cups of rice).

Notes: If you like it hot, you can also add diced jalapeños, chilies or habaneras.

Robby DeVore

## **Shrimp Stir Fry**

2 lbs. peeled and deveined shrimp 6 small red skin potatoes cut into quarters ½ green bell pepper, chopped into large pieces 2 ears of corn cut in half ½ sweet onion, cut into quarters 2 clusters of broccoli ½ cup butter 1/4 cup Old Bay Seasoning Steam shrimp, bell peppers, onions, broccoli and corn together with butter and the Old Bay Seasoning. Precook the potatoes. When potatoes are ready. add to the steam mix and steam together for 20 minutes.

-Dee Harrison



2008 Contestant



2008 Contestant

#### **Skyline Chili (Spicy)**

- 2 Fresh Jalapeno pepper diced
- 1 Green pepper
- 1 Red pepper
- 2 Onion chopped
- ½ Cup oil
- 5 lbs ground round
- 1- 15oz can of diced tomatoes
- 1-6 oz can of tomato paste
- 4-6 tables Chili powder
- 2 Tsp ground Cummins
- 1 Tbls Paprika
- 2 Tsp Salt
- 2 Large cans of Chili beans (optional)
- 3/4 cup Unsweetened Hershey's coco
- 1 ½ Tbsp Ground Cinnamon.

In a roasting pan or kettle, sauté onions and all peppers in oil and brown ground beef. Mix in all remaining ingredients, bring to a boil. Reduce heat and simmer for 3 hrs. Stir several times and add water, chicken broth or beef broth if needed. Half way through cooking stir in following ingredients. Halfway through cooking, stir in following ingredients: 3/4 cup Unsweetened Hershey's coco & 1 ½ Tbsp Ground Cinnamon.

When done and ready to serve, top with your choice of:

Shredded cheddar cheese

Kidney beans

Fresh chopped onions

Tabasco sauce

Prepare your favorite spaghetti noodles and top with Skyline Chili!

-Gypsy Sharp

#### **Spicy Crock Pot Corn**

1 Large Frozen bag of Kernel Corn2 Cream Cheese squares4 sticks of butter

1/2 jar of slice jalapenos with

juice

Seasoning Salt
Pepper
Red Pepper
Parmesan Cheese
Onion powder
Garlic Powder

Put corn, butter, cheese & jalapenos in crock pot on low. After three hours, stir and add seasonings to taste. Cook for 6-8hrs, stirring occasionally. Serve hot.

-Tricia Giordano



2013 Contestant

3<sup>rd</sup> Place Winner for 2013



2010 Contestant

## **Spicy Shrimp Stir Fry**

1/4 cup low-sodium soy sauce

1/4 cup sake

2 tablespoons sugar

1 tablespoon dark (toasted) sesame oil

1 tablespoon chopped garlic

1 tablespoon finely chopped or grated ginger

1 cup large-diced red bell pepper

1 cup large-diced green bell pepper

1 cup large-diced onion

1/2 teaspoon red pepper flakes

1/4 Cup water

24 large shrimp, shelled and deveined

#### Preparation

Combine first 6 ingredients in a bowl. Heat a large nonstick skillet over medium-high heat. Add soy sauce mixture; cook until lightly thickened, about 1 minute. Add vegetables and red pepper flakes. Cook, stirring constantly, until vegetables are soft, about 1 minute. Add shrimp and 1/4 cup water. Cook, stirring often, until shrimp are just cooked through, 2 to 3 minutes more. Makes 4 servings- Sisouphanh Sihachak

## Spinach & Tortellini Soup

2 tbsp of Olive Oil

½ Sweet Onion

4 Cloves of Garlic

1 Container of Swanson

Chicken Broth

2- 14oz cans Diced Tomatoes

with Basil & Oregano

½ Bag of frozen Spinach

1 Pkg. of Cheese Tortellini

In a 5 quart soup kettle heat oil. Add garlic and onion and cook 3 or 4 minutes. Add spinach (long enough to heat). Then add tomatoes and chicken broth. Bring to a boil and then add Tortellini. Cook Tortellini according to package instructions.

- Donna Riehl



2010 Contestant



2008 Contestant

#### **Spinach & Tortellini Soup**

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- Donna Riehl

#### **Stuffed Zucchini**

1 pound Hamburger meat

1 Medium onion

3 Garlic Cloves

Brown the ground beef with the onion and garlic cloves.

6 Medium Zucchini

Add: 1 tsp Basil

1 tsp. Oregano

1 can tomatoes or fresh tomatoes

insides of Zucchini

Salt and pepper to taste

Mix: 1 cup beef bouillon

1 tsp. Corn starch

Stir until thickens

Place in Zucchini shells- top with Mozzarella and Cheddar cheese

and bake at 400\* until hot.

Yvonne Tabet



2011 Contestant 1st Place



2007 Contestant

2nd Place Winner for 2007

## **Summer Ceviche**

1lb raw shrimp, peeled & diced

1 cup red onion, diced

1 cup cilantro, diced

2 cups tomato, diced

1 cup cucumber, diced

8 whole lemons, juice only

1 cup blueberries

½ cup minced Pecans

10 tostadas (Fried Tortillas)

1 avocado

\*\*4 jalapenos, diced OPTIONAL

#### Directions:

Mix all ingredients up to and including the blueberries in a bowl, add salt and pepper to taste. Let cure for 5 hrs in refrigerator. Toast pecans in skillet for 5-8 minutes on medium heat. Drain fluid from bowl and serve Ceviche on a Tostada with 1/10 slice of Avocado and sprinkle with Pecans. – Ben Becerra

#### **Taco Soup**

1 Medium onion

1 pound lean ground beef

1 can (15 oz) Kidney Beans

1 can (15 oz) Pinto Beans

1 can (15 oz) Whole kernel corn drained

1 can (10 oz) Rotel tomatoes

1 envelope Taco seasoning

1 envelope Ranch dressing (powder)

1 can (28oz) diced tomatoes

1 can (4 oz) chopped green chilies

Tabasco sauce

Cajon powder

Red Pepper

Black Pepper

Brown the ground beef with the onion and some Tabasco sauce and drain well. Add remaining ingredients and stir. All spices and Tabasco sauce must be added by taste, please keep in mind that the longer it cooks the stronger the spices will be. Simmer on low in the crock pot for 6-8 hours. This can be served with tortilla chips, Frito Scoops, Mexican Cornbread and or cheese.

-Tricia Giordano



2008 Contestant



2013 Contestant

## **Turkey Chili**

1 lb ground turkey (brown)
1 ½ chopped onion (brown)
2 cans Rotel chopped tomatoes
5 sliced black olives (optional)
2 cans Chili beans (not kidney)
2 cloves garlic diced (brown)
½ Tsp Chili powder
Salt & pepper to taste
Brown ½ lb ground turkey, onion,
mushrooms and garlic. Mix in
tomatoes and olives and add
spices to taste. Simmer for 20
minutes then serve.
-Desiree Harrison

## **Turkey Chili**

1 Ib Lean ground Turkey
1 14oz can Tomato Paste
2 14oz can Kidney Beans
2 14oz can Tomato Sauce
½ cup Water
1 Tbsp Jalapeños
2 Tbsp Jalapeño juice
1 Package Chili Powder
Creole Powder to taste
Cajon Powder to taste
Garlic Salt to Taste
Onion Powder to taste
Seasoning Salt to Taste
Ground Pepper to Taste

#### **Directions**

Brown your ground turkey in a pan. Combine browned ground turkey and all other ingredients in crockpot and cook on low 4-6 hours. - Tricia Giordano



2008 Contestant



2013 Contestant

#### **Turkey Lasagna**

1 Tsp Olive oil

1 lb ground turkey breast

2 Cloves garlic, crushed

1-8oz can tomato sauce

1-28 oz can crushed tomato

Salt and pepper to taste

1 Tsp Italian seasoning

12 oz shredded low moisture, part

skim mozzarella cheese

12 oz part-skim ricotta cheese

3/4 cup grated parmesan cheese

6 no-boil lasagna noodles (about

3.5x7")

Spray 8x8 baking dish with cooking spray and preheat oven at 375\*. Brown turkey with olive oil and garlic. Add tomato sauce, tomato, salt & pepper and seasoning. Simmer for 20 minutes. To assemble lasagna: add small amount of sauce to bottom of pan, layer 2 no-boil noodles, add some ricotta and mozzarella, add tomato/ meat sauce and sprinkle with parmesan. Repeat with two more layers of noodles, ending with tomato/ meat sauce and parmesan as top layer. Bake uncovered for 30 minutes or until bubbly and cheese is melted. Remove from oven and let rest for about 10 minutes before cutting.

-Veronika PeGee

#### **Venison Chili**

2 ½ lbs Venison

1 Large Onion

2 Cans Kidney Beans

2 Cans Beef Broth

1 Clove Garlic

2 Chili Peppers

2 Tbsp Dry Oregano

1 ½ tsp Paprika

1/2 tsp Salt

½ Pepper

1 14 oz can Tomatoes, chopped

1 tsp Tomato Paste

In a large skillet, cook the Venison, onion, garlic until meat is brown. Transfer items from the skillet, into slow cooker. Stir in chili beans, spices, beef broth, tomatoes and cook on low 4-5 hours. – Ryan Powell



2013 Contestant



2007 Contestant

3<sup>rd</sup> Place tied Winner for 2007

## **Vegetable Medley**

1 Large Eggplant
2 Yellow Squash
2 Green Zucchini
1 Large Onion chopped
4-6 Potatoes, cubed (small)
Garlic Salt
8oz Packet of Shredded Cheddar
Cheese
2- 14oz Cans Dices Tomatoes

#### **Directions**

Peel the Eggplant, Squash and Zucchini. Slice all of them into ¼" think slices. In a large baking pan, put down a layer of each (one on top of the other). Sprinkle some of the chopped onion, add a think layer of cubed potatoes. Spoon on some of the tomatoes and sprinkle with some shredded cheese. (Repeat) a second and third layer (if you have enough mixture). Shake on Garlic Salt with each layer. Set oven at 385 degrees, bake for 1.5 hours. Check frequently for tenderness. You may have to add more tomatoes as your Medley bakes.

- Chuck Johnson

White Lasagna

4- 10 oz bags frozen Ravioli (meat filled)

4- 12oz jars of Alfredo white sauce

1- 10 oz box frozen chopped spinach

1-8 oz can chopped mushrooms

1 oz Italian seasoning

8 oz shredded Mozzarella

8 oz each of Provolone, Muenster & Swiss cheese (torn into smaller pieces)

8 oz cup Ricotta Cheese

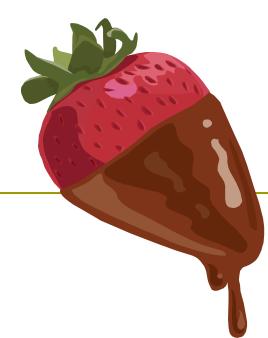
2 Tbsp fresh minced garlic

Salt & black pepper to taste

Mix the seasonings, salt, pepper & garlic in the Alfredo sauce; heat on medium-low, while boiling water in a separate pot for the Ravioli. Heat Ravioli according to package directions. When Ravioli is cooked, drain water. Layer sauce on bottom of a large lasagna pan. Then place a layer of Ravioli on top of the sauce. Layer some of the spinach and then the cheese. Repeat with sauce, ravioli, spinach and cheese until your pan is full. Bake at 350\* for 30 minutes.

-Darrel Bugno

## Desserts



- Baked Alaska
- Banana Cream Cheesecake
- Banana Pudding
- Banana Pudding 2012
- Banana Split Cake
- Blackberry Jam Cake
- Blueberry Butter Cake
- Butter Pecan Chews
- Caramel Apple Cheesecake
- Cheesecake with Pecan Praline Topping
- Chocolate Fantasy Cake
- Chocolate Lasagna
- Cream Cheese Stuffed Strawberries
- Cream Cheese Icing
- Creamcicle Cake
- Decadent Chocolate Pears
- Flan
- Great-Grandma's Apple Pie
- High Sea Oreo Cheesecake
- Ice Box Cake
- Lemon Dip Desert
- Key Lime Cupcakes
- Mandarin Orange Cake
- Maple Pecan Bites
- Million Dollar Pie
- Nut Torte
- Nutty Cranberry Oatmeal Cookies
- Old Fashioned Pie Crust
- Pineapple Upside Down Short Cake
- Pistachio Pineapple delight
- Red Velvet Cake
- Rum Cake
- Shoo-Fly Pie
- Strawberry Puff Danish

**2nd- Place**Rhonda Youngman with
Chocolate Lasagna











3rd Place tied Winner for 2007

2007



2010 Contestant 1st Place



#### **Baked Alaska**

½ gallon of favorite Ice Cream 1 Cake layer favorite flavor 7 Egg whites 1/4 Tsp cream of tarter 2/3 cups powdered sugar

Bake your favorite cake. After removing from Pam. Place on slightly larger plate and freeze. After washing baking pan, lightly oil with vegetable oil. Let ice cream soften to working consistency. Tightly pack ice cream into baking pan and refreeze. After frozen hard, remove from pan (lightly rinse bottom of Pam with warm water helps). Place ice cream on top of cake and trim to shape (yum). Place ice cream cake back in freezer.

To make Meringue, whip egg whites until foamy. Add cream of tarter and continue to whip until stiff. Add powdered sugar a small amount at a time and fold in.

Preheat oven to 450\*. Frost ice cream cake covering completely. Bake 6-7 minutes until Meringue peaks are golden.

I generally use about a shot and a half of Admiral Nelson's dark rum on top and sides, turn down the lights and Flambé.

-Herb Richardson

### **Banana Cream Cheesecake**

#### Crust

1-3/4 cups Graham Cracker Crumbs 1/4 cup Sugar ½ cup Butter, melted

#### Filling

1-8 oz pkg. cream cheese, softened ½ cup Sugar

1-8 oz carton frozen Whipped Topping, thawed, divided

3-4 medium firm bananas, sliced

1 <sup>3</sup>/<sub>4</sub> cups cold Milk

1-3.4 oz pkg. instant banana cream pudding mix

In a small bowl, combine cracker crumbs and sugar; stir in butter. Set aside ½ cup for topping. Press remaining crumb mixture onto the bottom and up the sides of a greased 9" Springform pan or 9" sq baking pan. Baking pan. Bake at 350\* for 5-7 minutes. Cool on wire rack. In a mixing bowl, beat cream cheese and sugar until smooth. Fold in 2 cups of whipped topping. Arrange half of the banana slices in the crust; top with half of the cream cheese mixture. Repeat layers. In a bowl, beat milk and pudding mix until smooth; fold in remaining whipped topping. Pour over the cream cheese layer. Sprinkle with reserved crumb mixture, Refrigerate for 1-2 hrs or until set. Makes ten servings.

-Lance Smith



2008 Contestant



2011 Contestant

### **Banana Pudding**

2 cups of Self Rising Flour

1 Box of Nilla Wafers

3 to 4 cups of sugar

3 to 4 Bananas (as desired)

4 to 6 Cups of Milk

6 to 8 Egg whites (only) for Meringue

6 to 8 Egg Yolks (only)

1 Tablespoon Vanilla

½ cup sugar

Mix flour & sugar together using a Wisk just to get the lumps out. Then add your milk, egg yolks, vanilla & mix together until smooth. You want to stir it constantly; bring to a medium boil (not too high or it will burn.) Once it starts to boil you want to stir it consistently. Let boil until it starts to thicken. When it starts to thicken, turn down to low heat. Keep stirring until the pudding is nice and thick. Once the pudding is thick, you want to take it off the heat.

Put your Nilla wafers & sliced bananas in the bottom of a cake pan or a good size dish that can be heated. Pour your pudding over wafers & bananas. To prepare your meringue, in a large size bowl, beat your egg whites at high speed until fluffy. Add sugar and beat until nice & fluffy. Spread meringue over the top of your pudding evenly, and broil just to brown the top of the meringue. Serve warm or store in refrigerator.

-Christie Coates

## **Banana Pudding**

1 -4oz can Eagle Brand Non-Evaporated Sweetened Condensed Milk 1 ½ cup cold water 2 cups (1 pt) whipping cream, whipped 36 Vanilla Wafers 3 med size Bananas Lemon juice

#### Directions:

Slice and dip bananas in lemon juice in a small bowl set aside. In separate bowl combine sweetened condensed milk and water. Add pudding mix to mixture, beat well. Chill 5 minutes. Fold in whipped cream, then spoon 1 cup pudding mixture into 2 ½ quart glass bowl. Top with 1/3 each of wafers, bananas and pudding. Repeat layering twice ending with pudding. Cover, chill and garnish as desired. – Brian Melanson



2008 Contestant 1<sup>st</sup> Place





2013 Contestant

## **Banana Split Cake**

3 sticks margarine
2 cups graham cracker crumbs
2 eggs
2 cup powdered sugar
20 oz crushed pineapple
8 oz cool whip
1 cup chopped nuts
3 large bananas

Melts 1 stick margarine in a 9 x13 pan. Blend in graham cracker crumbs. Pat evenly over bottom of pan. In a mixing bowl, mix eggs, powdered sugar, and 2 sticks softened margarine. Beat at high speed for 15 minutes. Spread this mixture over graham crackers. Slice bananas to cover filling. Drain pineapple real well. Spread over bananas. Spread cool whip. Sprinkle with nuts. Refrigerate several hours. Very rich. Lance Smith

### **Blackberry Jam Cake**

2 cups Sugar 2/3 cups Butter

2 cups Blackberry Jam

1 cup Plums

1 cup Raisins

2 cups Buttermilk

2 tsp Cloves

2 tsp Cinnamon

1 tsp Allspice

4 cups Flour

Combine ingredients and mix thoroughly. Pour into 2 nine inch round pans. (I use "Pam for Baking" on the pans to prevent sticking). Bake at 350 degrees for one hour.

## **Icing for Jam Cake**

1 stick Butter

1 cup Brown Sugar

1/3 cup Milk

2 cups Confectionary Sugar

Melt butter and Brown Sugar, and then boil for 2 minutes stirring constantly. Add 1/3 cup milk. Boil for 1 minute stirring constantly. Add 2 cups Confectionary Sugar. If mixture is too thick, add milk- if too thin add Confectionary Sugar to get 41 proper consistence to ice cake.

- Jack Jones



2013 Contestant



2013 Contestant

### **Blueberry Butter Cake**

#### **Bottom Layer Ingredients**

1 Package of Yellow Cake Mix

1 Large Egg

8 Tbsp Butter (melted)

#### **Filling Ingredients**

8 oz. Package of Cream Cheese

2 Large eggs

1 Tsp Vanilla

8 Tbsp Butter (melted)

15-20 oz. Dried Blueberries

2 Cups Confectioners Sugar

Using a (9 x 13) pan lightly grease. Pre heat oven to 350 Degrees In a mixing bowl combine cake mix, egg melted butter. Mix well, put the mix into the bottom of the 9 x 13 prepared pan (the mix will be thick, so spray your hands with a little cooking spray). For Filling:

In a large bowl, beat cream cheese until smooth, add eggs, vanilla, and melted butter, beat again until blended. Stir in dried blueberries and sugar, Mix well until blended.

Spread the filling over the cake batter, bake for 40 to 50 minutes (DO NOT OVER BAKE) the center should be a little gooey. - Dee Harrison

#### **Butter Pecan Chews**

1 1/2 cups Gold Medal® all-purpose flour

3 tablespoons granulated sugar

3/4 cup butter or margarine, softened

3 eggs, separated

2 1/2 cups packed light brown sugar

1 teaspoon vanilla

1/2 teaspoon salt

1 cup chopped pecans

3/4 cup flaked coconut

2 tablespoons powdered sugar

#### Directions:

Heat oven to 375°F. Grease 13x9-inch pan with butter. In medium bowl, mix flour, granulated sugar and butter. Press mixture in bottom of pan. Bake 12 to 14 minutes or until light brown. Meanwhile, in large bowl, beat egg yolks, brown sugar, vanilla and salt with electric mixer. Stir in pecans and coconut. In small bowl, beat egg whites with electric mixer until foamy. Fold into egg yolk mixture. Remove partially baked crust from oven. Spread filling evenly over crust. Reduce oven temperature to 350°F. Bake 25 to 30 minutes or until deep golden brown and center is set. Sprinkle powdered sugar over bars. Cool on cooling rack. Cut into 6 rows by 6 rows.- Kenny Matsikh 42



2012 Contestant



Contestant

2nd Place

2011

2<sup>nd</sup> Place Winner for 2011

## **Caramel Apple Cheesecake**

1 (21 ounce) can apple pie filling

1 (9inch) graham cracker crust

2 (8 ounce) packages cream cheese, at room temperature

½ cup sugar

1/4 teaspoon vanilla extract

2 eggs

1/4 cup caramel topping

12 pecan halves, plus 2 tablespoons chopped pecans

Preheat the oven to 350 degrees F. Reserve ¾ cup of the apple filling; set aside. Spoon the remaining filling into the crust. Beat together the cream cheese, sugar, and vanilla until smooth. Add the eggs and mix well. Pour this over the pie filling.

Bake for 30 to 35 minutes, or until the center of the cake is set. Cool to room temperature.

Mix the reserved pie filling and caramel topping in a small saucepan and heat for about 1 minute, or until spreadable. Spoon the apple-caramel mixture over the top of the cheesecake and spread evenly. Decorate the edge of the cake with pecan halves and sprinkle with chopped pecans. Refrigerate the cake until ready to serve. – John Woodward

#### **Cheesecake with Pecan Praline Topping**

#### Crust:

½ cup (1 stick) melted butter

1 ½ cups graham cracker crumbs

1 Tbsp sugar

#### Filling:

2 8 oz pks cream cheese, softened

1 cup sugar

3 eggs

1 tsp vanilla extract

**Praline Topping:** 

2 Tbsp light brown sugar

2 Tbsp cornstarch

1 cup dark corn syrup

1/4 cup chopped pecans

1 tsp vanilla extract

#### Directions:

Preheat oven to 350\*. Crust: In medium bowl. combine butter, crumbs and sugar until well blended. Press into the bottom and 1" up the sides of a 9" spring form pan, using the back of a large spoon. Filling: In a large bowl, using a hand mixer, beat the cream cheese, sugar, eggs and vanilla until creamy. Pour into the prepared crust and bake for 35-45 minutes. Be sure the center is firm before removing the cheesecake from the oven. Remove the pan from the oven to a rack and allow to cool completely. Release the spring form and transfer the cake to a platter. Praline Topping: In a small heavy saucepan, stir together the brown sugar and corn starch. Stir in the corn syrup and cook over medium heat, stirring constantly until thick. Remove pan from heat and stir pecans and vanilla. Cool slightly, ladle the praline topping over the cooled 43 cheesecake and serve. Store leftovers in the refrigerator. - Rhonda Youngman



2011 Contestant



2013 Contestant

2<sup>nd</sup> Place Winner for 2013

## **Chocolate Fantasy Cake**

6 oz. package Nestle mini semi-sweet chocolate chips
18.5 oz. box of chocolate cake mix
(any type)
4 eggs
½ c. canola oil
1 tsp. vanilla extract
3 ½ oz. box instant chocolate pudding mix
8 oz. sour cream

Grease and flour a Bundt pan, set aside. Preheat the oven to 350 degrees. Toss chocolate chips in a small bowl with 1 Tbsp. of the dry cake mix, set aside. Beat all of the remaining ingredients together in a large bowl for three minutes, using an electric hand mixer. Then use a large spoon and fold the chocolate chips into the mixture. Pour the mixture into the Bundt pan and bake for 50 minutes or until toothpick inserted in the center tests clean. Let cake cool completely before inverting onto a serving dish. Makes 10 servings. -Erin Sass

## **Chocolate Lasagna**

package regular Oreo cookies (Not Double Stuff) – about 36 cookies
 Tablespoon butter, melted
 8 ounce package cream cheese, softened
 cup granulated sugar
 Tablespoons cold milk
 aunce tub Cool Whip, divided
 3.9 ounce packages Chocolate Instant

3 1/4 cups cold milk1 1/2 cups mini chocolate chips

Pudding.

Crush 36 Oreo cookies by placing them in a large ziplock bag and crush them with a rolling pin. When the Oreos have turned into fine crumbs, you are done. Place the Oreo crumbs to a large bowl. Stir in 6 tablespoons melted butter and use a fork to incorporate the butter into the cookie crumbs. When the butter is distributed, transfer the mixture to a 9 x 13 inch baking dish. Press the crumbs into the bottom of the pan. Place the pan in the refrigerator while you work on the additional layers. Mix the cream cheese with a mixer until light and fluffy. Add in 2 Tablespoons of milk, and the sugar, and mix well. Stir in 1 and 1/4 cups Cool Whip. Spread this mixture over the crust. In a bowl, combine chocolate instant pudding with 3 and 1/4 cups cold milk. Whisk for several minutes until the pudding starts to thicken. Use a spatula to spread the mixture over the cream cheese layer. Allow the dessert to rest for about 10 minutes so that the pudding can firm up further. Spread the remaining Cool Whip over the top. Sprinkle mini chocolate chips evenly over the top. Place in the freezer for 4 hours before serving. - Rhonda Youngman



2011 Contestant



2013 Contestant

## <u>Flan</u>

**Cream Cheese Stuffed Strawberries** 

Prep Time 15-30 minutes

20 whole large strawberries, hulled
1- 8oz cream cheese, softened
1/4 cup confectioner's powdered sugar
1/2 tsp vanilla or almond extract
2/3 cup chopped pecans, almonds,
peanuts or walnuts

#### Directions:

Place strawberries point side up on a serving platter. Carefully cut the berries into 4 wedges, cutting almost to, but not through. Fan wedges just slightly, taking care not to break them. Set aside. In a mixing bowl, beat together the cream cheese, sugar and vanilla (or almond extract) until combined, but still stiff. Using a pastry bag with decorative tip, fill the strawberries with the cream cheese mixture. Sprinkle chopped nuts on top of the stuffed strawberries. Cover and refrigerate until ready to serve. — Susan Johnson

- 1 Can of condensed milk
- 1 Can of evaporated milk
- 6 Eggs
- 1 Tbsp Vanilla
- 1 Block of cream cheese
- 1 cup of sugar

Fresh fruit of your choice for topping 2-8 or 9 inch baking pan

#### Directions:

Pre-heat oven to 350 degrees. Fill a baking pan with water (about half way) and place in oven while oven is pre-heating. Melt sugar on stove top on low heat (to prevent burning) until sugar is caramelized in a sauce pan (stirring occasionally). In a blender, mix condensed milk, evaporated milk, 6 eggs, 1 tbsp vanilla and 1 block of cream cheese. Mix well until it's in liquid form. Once your sugar is caramelized down, pour caramelized sugar into a baking pan and coat the entire pan with the caramelized sugar. Immediately pour your liquid batter over your caramelized sugar in the baking pan. Place baking pan in the water bath in the oven and bake for 1 Hour. When the baking is complete, remove carefully from the oven and set on the counter. You'll need to have a plate ready so you can flip your flan upside down onto a plate. Place in the fridge until nice and cold. When ready, cut up some fresh fruit for topping. Enjoy!- Leo Salgado Rosado





# <u>Cream Cheese Icing (on Spice Cake)</u>

1 Package of Philadelphia Cream Cheese

1 Tsp of vanilla Confectionary sugar (as needed)

Soften the cream cheese with a mixer, add one tsp of vanilla, then with your mixer slowly add in the powdered sugar until you achieve the consistency you like. Spread on your cake and enjoy.

-Dee Harrison

## **Creamcicle Cake**

1 (18.25 ounce) box of orange cake mix (if you can't find orange cake mix, use a white or lemon cake mix and add one pkg. of orange Kool-aid to the mix) 2 (3 ounce) package orange flavored gelatin

1 (3 ounce) package vanilla instant pudding

1 cup milk

1 tsp vanilla

1 (8 ounce) container non-dairy whipped topping- cool whip

Bake cake as directed, bake in a 9"13" pan. When done, use a meat fork to poke holes across the top of the entire cake. Let cool.

In a bowl, mix one 1 gelatin, 1 cup hot water and one cup cold water. Pour over the top of the cake pouring in the holes, etc. Refrigerate for 2-3 hours.

Mix remaining box of gelatin, pudding, milk, and vanilla together. Beat well. Fold cool-whip into this mixture and spread on top of cake. Keep Refrigerated. Makes one 9x13" cake

-Beverly Coverdale



2008 Contestant



2008 Contestant

## **Decadent Chocolate Pears**

cream section)

Pears- 4-8 (depends how many people. You can not eat more then one) 8 oz of cream cheese 1 jar of Carmel sauce (found in ice cream section) Magic shell chocolate (also found in ice

Wash pears very well in warm water. Dry and leave stem. Slice off the bottom of pear and keep the bottom using it after you stuff the pear. Core the center of the pear. Mix cream cheese & Carmel/ sauce, then stuff mixture in the pear and reattach the bottom using tooth picks to hold in place. Cover pear with magic shell chocolate, place in freezer for a few minutes, then refrigerate till serving.

-Donna Beinert

### **Great-Grandma's Apple Pie**

About 6 cups pared, sliced pie apples 3/4 cup sugar 2 Tbsp flour 1/2 Tsp cinnamon 1/4 Tsp nutmeg Squirt of lemon juice 1 Tbsp solid butter, cut into 5-6 pieces Pastry for 9" 2 crust pie

Line pie pan with pastry, trim edges and fill with sliced apples. Blend dry ingredients and sprinkle over apples. Add lemon juice. Dot with butter. Moisten edge of bottom crust with water (Dip your finger in water and run it all the way around the edge until it feels slick. This will help seal the two crusts). Place top crust over pie and trim. Seal crust by pressing down around edges with the tines of a fork. Poke several holes in the top crust for steam to escape. Bake at 400 degrees for about 40 minutes, or until crust is golden and apples feel tender when tested with a knife. Best when served slightly warm with sharp cheddar cheese or al-la-mode.

- Orrin Kelley



2011 Contestant



2011 Contestant

### **High Sea Oreo Cheesecake**

- 1-6oz Oreo pie crust
- 2-8oz pkgs Cream Cheese, softened
- ½ cup sugar
- ½ tsp vanilla
- 2 eggs
- 3 squares, Baker's semi-sweet chocolate melted, slightly cooled

#### Directions:

Heat oven to 350\*. Beat cream cheese, sugar and vanilla in large bowl with electric mixer on medium speed until well blended. Add eggs, one at a time, beating on low speed after each additional, just until blended. Remove 1 cup of batter to small bowl, stir in melted chocolate. Pour into crust, top with remaining plain batter. Bake 40 minutes or until center is almost set. Cool, refrigerate 3 hrs or overnight. — Patti Hummel

#### Ice Box Cake

1 box graham crackers1 box Chocolate/ Vanilla Pudding(Snack Packs)

1 container Cool Whip

4-5 bananas

#### Directions:

In ungreased 9x13 Pyrex pan: 1 layer graham crackers, spread 6 small containers Vanilla pudding, 1 layer graham crackers, spread 6 small containers Chocolate pudding, spread sliced bananas, cover with layer graham crackers, spread one container Cool Whip, sprinkle graham cracker crumbs and then refrigerate preferably overnight. – Marie Ferrara



2007 Contestant



2011 Contestant

## Lemon Dip Desert

1 Can Sweetened condensed milk3 lemons1 box of ginger snaps

Cut lemons in half and juice them, then scoop the pulp from the rind, saving the rinds. Then mix the condensed milk with the lemon juice, then put in the refrigerator until mixture becomes stiff, then pour the mixture back into the lemon rinds, stick a ginger snap in each and serve.

-Donna Beinert

#### **Key Lime Cupcakes**

2 cups graham cracker crumbs
½ cup sugar
½ cup melted unsalted butter
1 box vanilla cake mix –ingredients on cake mix box
(water, veg oil, eggs)
Juice from 1 lime
Zest from 1 lime
Lime curd (this is to fill the cupcakes so as much as you want about 1 ½ cups)

Preheat oven at temperature noted on cake mix box. In small bowl combine graham cracker crumbs, sugar, and melted butter. Add about 1TBS to bottom of cupcake liners and pack down using the bottom using measuring spoon. Bake for about 5 mins until graham crackers get slightly golden around edges. Next prepare cake mix as directed on the package but adding lime juice and lime zest. Scoop cake batter into cupcake cups with graham cracker crusts filling to about a quarter of an inch from the top. Bake as directed on package or until a toothpick entered in center comes out clean. Remove from oven and let cool completely. Once the cupcake is completely cooled, use a paring knife to remove a small cone shaped chunk of cupcake. About a 1 inch circle. Fill each cupcake with about 1 teaspoon of lime curd. Frost cupcakes with whipped frosting and sprinkle with left over graham cracker crumbs.

Whipped Frosting ingredients
1 (8 ounce) package reduced-fat cream cheese, softened
1/2 cup powdered sugar
1 teaspoon vanilla extract
2 cups heavy cream

Combine the cream cheese, sugar and vanilla extract in a large mixing bowl. Using a whisk attachment, mix on medium speed until smooth. While the mixture is whipping, slowly pour in the heavy cream. At this point I turned the mixer up to high to spend the whipping process. Stop and scrape the bottom of the bowl a couple of times while you continue whipping until the frosting can hold a stiff peak. – Tina Progar



2012 Contestant



2008 Contestant

#### **Maple Pecan Bites**

For Shortbread:

1 cup all purpose flour

1/4 cup packed light brown sugar

6 Tbsp cold salted butter, cut into slices For Filling:

1 cup chopped pecans

1/4 cup maple syrup

1/2 cup packed light brown sugar

1 1/2 tsp vanilla extract

1 Tbsp heavy cream

4 Tbsp salted butter

Preheat oven to 350 degrees. In a large bowl, combine the flour, 1/4 cup brown sugar. Mix in the six tablespoons cold butter with your fingers, working the mixture together until crumbs form. Press shortbread into a nine inch square pan sprayed lightly with cooking spray and bake for twenty minutes, or until golden.

Remove hot crust from oven and set aside. In a small saucepan, melt the remaining butter (four tablespoons). Add the brown sugar, maple syrup and cream and whisk well. Simmer for one minute while whisking continuously. Add the pecans and pour into the hot crust. Bake for 18-20 minutes. When done, remove from oven and let cool.- Tina Progar

## Million Dollar Pie

2 Graham Cracker pie crusts

1 Large Cool Whip

1 Can condensed milk

1 Large can Crushed Pineapple (Drained)

1 Pack Coconut

1/4 Cup Lemon Juice

1 Cup Chopped Pecans Cherries

Place Cool Whip and condensed milk in a large bowl and mix well. Add 1/4 Cup Lemon Juice and mix well. Add drained pineapples and mix well. Add coconut (Leave one cup on the side to garnish). ½ Cup of Pecans and mix well. Pour mix into pie shells. Garnish with cherries (halves), Pecans and coconut. Refrigerate for about 6-8 hour or until firm. Enjoy!

-Willetta Hobbs



2008 Contestant



#### 2008 Contestant

## **Old Fashioned Pie Crust**

2 cups sifted flour 1 Tsp salt 2/3 cup shortening About ½ cup ice water Sift flour and salt into bowl. Cut in shortening with a pastry cutter until mixture resembles course meal. Add water gradually and mix with a large spoon until a firm ball is formed. Turn out onto a floured surface and divide in two. Sprinkle each piece with flour and pat into ball. Roll out with floured rolling pin, turning over and sprinkling with flour as needed to keep it from sticking. Makes one set of 9" pie crust.

\*Do not over-handle or the result will be shoe leather! Admittedly, this is a little tricky and most people would rather just get the ready made stuff at the store, but when this is done right, it can't be beat.

- Orrin Kelley

### **Nut Torte (From France)**

1 ½ Cups All- Purpose flour

½ Cup sugar

- Bonnie Harding

1/3 Cup butter or margarine 1 Beaten egg yolk ½ Tsp Vanilla 4 Cups Pecans, Walnuts or Almonds 3 Beaten eggs ½ Cup sugar 1/3 Cup All-Purpose flour 1/3 Cup butter or margarine melted 2 Tbsp rum 1/4 Cup chopped Pecans, Walnuts or Almond ½ Cups served Apricot preserves For pastry: in bowl stir together 1 ½ cups flour, ½ cup sugar and 1/8 tsp salt. Cut in ½ cup butter or margarine until crumbly. Combine egg yolk, 1 Tbsp water and Vanilla. Add to crumb mixture; mix well. Pat onto bottom and 1 inch up sides of 9" springform pan. Bake in oven at 325\* for 20 minutes. Cool slightly. In blender or food processor, process 4 cups of desired nuts, making sure to add one cup at a time until all nuts are ground. Combine ground nuts, beaten eggs, ½ cup sugar, 1/3 cup flour, ½ cup melted butter or margarine and rum. Spread evenly in crust. Sprinkle with chopped nuts. Spoon preserves overtop to glaze. Let cool. Bake at 350\* for 40 minutes. Loosen side of spring pan from cake with spatula, then remove side of pan. Cool 51 completely. Makes 16 servings.



2010 Contestant

3<sup>rd</sup> Place tied Winner for 2010



## Nutty Cranberry Oatmeal Cookies

½ cup Butter - softened

½ cup Brown Sugar

1/4 cup Granulated Sugar

1 Egg

1 teaspoon Vanilla

34 cup of Flour

½ teaspoon Baking Soda

1 teaspoon Cinnamon

1 ½ cups Rolled Oats

½ cup Dried Cranberries

1/2 cup Cashew Pieces

Combine dry ingredients in bowl and set aside. (flour, baking soda, cinnamon). Mix butter and sugars until creamy. Add eggs and vanilla and mix well. Slowly add dry ingredients to butter mixture until well combined. Stir in oats, cranberries and cashews.

Drop tablespoon size portions of dough onto ungreased cookie sheet. (I like to use parchment paper to line cookie sheet)

Bake at 350 degrees for 10-12 minutes or until golden brown.

-Tina Progar

### **Peanut Butter Fudge**

1 (16 oz) box light brown sugar (appr.

2 ½ cups)

½ cup milk

2 Tbsp butter

3/4 cup peanut butter

1 tsp vanilla

½ cup chopped peanuts

Butter a 9x5 inch loaf pan; set aside. Heat sugar, milk, and butter in a heavy 2 quart saucepan. Bring to boil, stirring constantly. Cool 10 minutes. Add peanut butter, vanilla and peanuts. Stir until well blended. Pour into prepared pan. Refrigerate at least 3 hours. Makes about 27 candies-Rhonda Youngman



2011 Contestant



2011 Contestant

## Pineapple Upside Down Short Cake

¼ cup brown sugar
½ of a lemon (juice only)
½ tsp pumpkin pie spice
1- 15 ¼ oz can chunk pineapple (juice drained)
1 tube of refrigerator reduced fat biscuits

## Directions:

Preheat oven to 425\*. Mix ½ of your brown sugar, lemon juice and Pumpkin pie spice in a small bowl. Divide mixture evenly into 6 muffin tins, top with pineapple and add a biscuit to each. Sprinkle the remaining brown sugar on top and bake for 12 minutes. Let cool for 5 minutes. Turn over onto a plate and serve warm. – Dee Harrison

## Pistachio Pineapple Delight

1 1oz package Pistachio Jello

1 1/8 Cool Whip

1 20oz Pineapple Crushed can

### Directions:

Mix all the ingredients and refrigerate.- Ailyn V. Ryan



2008 Contestant



Contestant

2007

## 1<sup>st</sup> Place



#### **Red Velvet Cake**

- 1 1/2 Cups Sugar
- 2 Cups salad oil
- 2 Eggs (beaten)
- 1 Tbsp Vinegar
- 1-2 oz bottle red food coloring
- 2 1/2 Cups flour
- 1 Tsp soda
- 1 Tsp salt
- 2 Tbsp cocoa
- 1 Cup buttermilk
- 2 Tsp Vanilla
- 1 Stick Margarine
- 1-8oz Package cream cheese
- 1 Box powdered sugar
- 1 Cup chopped nuts

Preheat oven at 350\*. Cream sugar and oil in a mixing bowl. Add egg and beat well. Add vinegar and food coloring and beat well. Sift the flour, soda, salt and cocoa together, then add to the cream mixture, while alternating with the buttermilk, 1 Tsp Vanilla and beat well. Pour into two greased and floured cake pans. Bake at 350\* for 30-35 minutes.

## Frosting Mixture

Cream margarine and cream cheese in a bowl, while adding the remaining Vanilla. Sift the powdered sugar and add to cream mixture. Gradually add nuts and mix well. Remove cakes from pan, but frost bottom cake layer, then place second layer on top and frost that. Then spread on sides of cake.

- Rudy Gordon

## **Rum Cake**

1 C. Chopped nuts

1 pkg. yellow cake mix

3 3/4 oz. pkg. Instant vanilla puddings

4 eggs

½ c. cold water

½ c. oil

½ c. dark rum

#### Glaze

1/4 lb butter

½ c. water

1 c. sugar

½ c. dark rum

Preheat oven to 325\*. Grease and flour 10" tube or 12 cup Bundt pan. Sprinkle nuts over bottom of pan. Mix all cake ingredients together. Pour batter over nuts. Bake 1 hour. Cool. Invert on serving plate. Prick top; drizzle and smooth glaze evenly over top and sides. Allow cake to absorb glaze. Repeat till glaze is used up.

Glaze: Melt butter in saucepan. Stir in water and sugar. Boil 5 minutes, stirring constantly. Remove from heat. Stir in rum.

-Yvonne Tabet



2008 Contestant



2013 Contestant

## Strawberry Puff Danish

## **Shoo-Fly Pie**

#### **Crumb Mixture**

2 Cups flour

3/4 Cup brown sugar

1/3 Cup shortening or butter

½ Tsp nutmeg

1 Tsp Cinnamon

Mix above ingredients together thoroughly in a bowl until crumbs are formed.

## **Syrup Mixture**

1 Cup light syrup (Karo)

½ Cup brown sugar

2 Eggs

1 Cup hot water

1 Tsp soda dissolved in the hot water

Mix syrup ingredients. Pour into prepared pie crusts, then divide the crumbs on top of syrup mixture. Bake at 350 degrees for about 50 minutes. This will make about 2 pies.

-Orrin Kelley

4 tbsp of Water
1 brick of Cream Cheese
1/4 cup Confectioner Sugar
1 tsp Vanilla
2 tbsp Flour

2 cups of Strawberries

1 ½ tbsp of Corn Starch

1/4 cup of Sugar

1 egg

1 premade package of Puff Pastry Dough

Directions for Strawberry Mixture:
Remove stems and roughly chop
strawberries. Combine corn starch and
water, mix into a slurry. Combine
strawberries, slurry and sugar in a small
sauce pot. Simmer on low heat for 15
minutes until it becomes a thick paste.
Remove from heat.

Directions for Cream Cheese Filling: Allow cream cheese to soften. Mix cream cheese, Confectioner sugar, vanilla, flour & egg into a bowl until well blended (mixture will be lumpy).

Directions to complete:

Remove puff pastry dough from package. Allow to thaw for 30 minutes. Unroll sheets and lay side by side. Allow sheets to overlap ½" and press seams together. Spoon cream cheese filling mixture length wise down the center of the dough. Spoon the strawberries mixture on top of the cream cheese mixture. With a sharp knife slice exposed dough on either side into tabs. Pull tabs inward from both sides, lacing one over the other. Fold ends in to seal. Place on greased cookie sheet and bake in oven on 400 degrees for 25 minutes or until golden brown.

- Ricky Coyne

## **The Winner's Circle**

L-R: 1<sup>st</sup> Place Robby DeVore- Shrimp E'touffe'e, 2<sup>nd</sup>- Place Rhonda Youngman- Chocolate Lasagna and 3<sup>rd</sup>- Place Sisouphanh "Juy" Sihachak- Spicy Shrimp Stir Fry







## **Panel of Judges**

L-R Joe Krupa, Mike LaMonica, Gary Stout, Tim Kennedy & Billy Dressel













## Sea Ray/ Meridian 100 Sea Ray Boats Flagler Beach, FL 32136

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