

| July-13 | | | |
|------------|-----------|-----------|------|
| Department | FirstName | LastName | Year |
| 1551 | Igor | Gordover | 10 |
| 9999 | Patricia | Shoemaker | 15 |
| 1511 | Robert | Barker | 15 |
| 1387 | Jonathan | Weber | 15 |
| 1741 | Scott | James | 25 |

| August-13 | | | |
|------------|-----------|----------|------|
| Department | FirstName | LastName | Year |
| 1219 | David | Tilton | 10 |
| 1103 | James | Sapp | 10 |
| 1554 | Marvin | Tolbert | 20 |
| 9999 | David | Weaver | 25 |

BENEFITS

Dependents age 19 or older who are graduating and no longer full-time students are not eligible for the Brunswick dental, vision and dependent life insurance plans. Dependents can remain on the Brunswick **medical plan** up to age 26, regardless of their student status. You will need to complete a form to drop your dependents from dental, vision and dependent life insurance plans within 30-days of the graduation date.

2013 EAC EVENTS (Changes were made)

September: 9/28/13 Santa Photos 8am-9am & Kickball 10am

November: 11/2/13 Fishing Tournament 6am-1pm

November: 11/2/13 Flagler County Bed Race 2pm-6pm

November: 11/16/13 Bicycle Poker Ride

December 12/7/13 Winter Banquet \$20 cash deposit due by Tuesday, October 1, 2013 to Tricia

Breakfast Casserole in the Crock Pot by Mark Jones

Ingredients: 1 26 oz. bag frozen hash browns 12 eggs... 1 cup milk, 1 tablespoon ground mustard 1 16 oz. roll sausage maple, sage or regular sausage, 16 oz. bag shredded cheddar cheese, salt and pepper to taste.

Directions: 1. Spray crock pot with non-stick spray and evenly spread hash browns at the bottom. 2. Crack 12 eggs in a large bowl. 3. Mix well (and slowly) using a whisk. 4. Add the milk. 5. Go ahead and sprinkle in the ground mustard. 6. Add plenty of salt.... and lots of fresh pepper. Mix well and set aside. 7. Cook the sausage on high heat, drain and set aside. 8. Add sausage on top of hash browns. 9. Throw the whole big bag of cheese in there. 10. Mix it up. 11. Pour the egg mixture over everything in the crock pot. Using a wood spoon, even everything out so it's spread evenly. 12. Cook over-night 6-8hrs. 13. Breakfast is ready!!!!!!

OUR SPACE

By EAC

Name: Caleb Warren

Hometown: Bunnell, FL

B-day/ Sign: May 9th, Taurus

Education: Just graduated High School in May

Status: Engaged to Cody Holmes

Family: Mark, Bonnie, Jared & Tara

Department / Position: 1207/ Assembly Small Parts

Years @ Sea Ray: 4 Months

Most Memorable Moment: Proposing to my soon to be wife

Role Model: Dad—Mark Warren

Best Quality: Work Ethics

Ideal Vacation: The Florida Keys



Name: Johnny Daubs

Hometown: Titusville, FL

B-day/ Sign: 11/28 Sagittarius

Education: Some College

Status: Single

Family:

Department/ Position: 1102/ Hole Cutter

Years @ Sea Ray: 10 years (5more previous in 80's)

Role Model: My father

Best Quality: Dependable, loyal, trustworthy

Ideal Vacation: Hunting & fishing in Alaska



Did you know?

by Chuck Johnson

The Green team has found a local company to pick up our liquid acid batteries, while also paying us for it. That is great since we have always paid a company to pick them up for us. Our first check was for \$365.00.

The local company will also start picking up steel and aluminum.



Guess Who?

Employee name will be posted in the next newsletter. Last issue photo was Sisouphanh "Juy" Sihachack from Upholstery.

Pulse
An Employee Newsletter Published by the Employee Activities Committee at Brunswick Manufacturing, Palm Coast

Volume 6 Issue 5
August– September 2013

Local Discounts

In this economy everyone is trying to spend smart, but are there discounts you're missing?

Here are some local deals/ discounts that can save your money.

Restaurants :

Highjackers in Palm Coast gives you free chips and salsa with an Epic Movie stub

Houligans in Palm Coast gives you buy 10 wings get 6 wings free with a movie stub (Epic or Regal). All other Houligans discount for Regal movie stubs.

Tony's Pizza in Flagler gives a 10% discount to all employees when you show your Sea Ray/ Meridian ID.

Zaxby's in Palm Coast has Monday family night— 4 meals & 4 cookies for \$22.22 from 5-8pm, Tuesday is 99 cent nibblers all day and Wednesday is 99 cent kidz meals with adult meal purchase from 5-8pm.

Movies:

Regal in Ormond Beach has \$5 movies all day and night on Tuesdays.

2nd Friday of the month, **Movie in the Park** at the Town Center at 7:45 p.m. Free. Visit palmcoastgov.com/movies

Things to Do:

First Friday of each month, Flagler Beach has a band and vendors at Veteran's Park from 6pm-9:00pm. Free.

Fitness Plateau—Dave Tilton

Are you hitting the gym everyday, but not seeing any results? Are you unchallenged by your workouts? Have you lost motivation that you once had at the start of your exercise program? If so, chances are you have hit a "plateau". A fitness plateau occurs when the body has adapted to the stresses being placed on it and as a result becomes more efficient, using less calories to do the same amount of work. To avoid hindering your progress, the golden rule is to alter some aspects of your workouts every 4-6 weeks. Change is good! Keep up the good work and challenge yourself.



Find a Bloodmobile or Donor Center

Thank You by Nurse Evie

Hi everyone, the turnout was awesome! We collected 38 units of blood and that is enough to save 114 lives. You should feel very proud, I know I am. Thank you to everyone who made the blood drive a success.

Appreciation Day

September 4, 2013

Since it has been so hot outside, we decided to get everyone ice cream. You come to the truck, you will receive one ticket for one ice cream.

LOCAL EVENTS

8/31/13- Wine Festival at Town Center

10/12/13 & 10/13/13- Creekside Festival at Princess Place

11/9/13 & 11/10/13- Tommy Tant Memorial Surf Contest at Flagler Beach

DATES TO REMEMBER:

Monday, September 2 we will be closed to observe Labor Day.

FURLOUGH

Monday, December 16- Thursday, December 19

Winter Shut Down

Monday, December 23, 2013. Production Resumes Monday, January 6, 2014

Do not forget our Facility EAC has a Facebook Page: Searay Meridian

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Cornhole Tournament by EAC

Saturday, August 3, 2013 was our second Cornhole Tournament for the year. The weather was much warmer than the first tournament, maybe too warm. The nice thing about having the event at Varn Park is that if you get warm, you can just jump in the ocean to cool off. Congratulations to our Cornhole Tournament winners: 1st place winners were Devon & Gary Stout, 2nd place winners were Ryan Powell & Brian Lenihan and 3rd place winners were Chuck Johnson and Johnnie Daubs. Thanks to everyone who came out and played or watched. An extra thanks to all the guys that helped us load and unload the equipment.



I first heard about a square watermelon from a friend. At first thought, it seemed to be impossible. However, in order to prove his statement, my friend then searched the internet and produced a picture. At first glance, I was astonished because we all know that watermelons are naturally round in shape. So in order to satisfy my curiosity, I did a little research and found out that you can grow your very own square watermelon at home. All you need to do is place a young watermelon in a square container such as a cylinder block or square box. Water as normal and allow enough sunlight to reach your watermelon and before you know it, you will have a mature square watermelon. As a matter of fact, this process can be done with other types of fruit and veggies and will grow into the shape of the container it's placed.



QMS by Robin Peterson

Thank you to all who were involved with our Internal and Corporate Audit. We did not have any major findings.

Our ABS Recertification will be August 26– August 29, 2013. Please be prepared.

Wedding Bells

Congratulations to Mike Richard from Assembly on his marriage on Saturday, July 6, 2013 to Gabrielle Gomez. Wishing them the best of luck in their future.

Retirement Time



Leo Fleurie from our Maintenance Department retired on August 8, 2013 with 19 years of Brunswick Service



Looking for Volunteers for the Bed Race

by Tricia Giordano

Each year Flagler Beach has a bed race at Veterans Park to raise money for several children's and youth programs in Flagler County. What is this event? Basically what it sounds like, each company makes or buys a bed (meeting their specs) to use for a parade and race. The bed must be decorated with a theme the business decides upon and the runners attire must fit the bed theme. All beds are parked in their spot for judging, they then have us walk the bed in a parade (only a block or two) and then we strip the bed of decorations and race. The race is made up with a little running a few obstacles. Each year Sea Ray has placed. We are in need of four runners. If you are interested, please see an EAC member. Photos are from last years Zombie inspired theme.



Green Team News

By Destini Wilson

Tips to Go Green at Home:

- Weather strip doors and windows.
- Wrap your water heater with an insulation blanket. About \$20 at Lowe's.
- Upgrade your water heater. A solar system can meet 2/3 of a household needs - or go with a tankless model. If neither works for you, go for an Energy Star version.
- Wrap your hot water pipes with pre-formed, pre-fit insulating tubes.
- Vacuum your refrigerator coils - it helps your fridge operate more efficiently.
- Keep your freezer full for optimal power use.
- Use the microwave whenever practical. It is far more efficient than the stove or oven.
- Take 5-minute showers and skip the bath. Any longer than 5-minutes and you're wasting water. Try taking an "army shower" – turn water off while you are lathering up and washing your hair.
- Turn off the tap - while brushing, shaving and washing dishes.
- Wash your hands, fruits & veggies over a dishpan or large container to collect the water and then re-use to wa-

ter your plants.

- Run a full dishwasher rather than cleaning dishes by hand. Yes, it actually uses less water.
- Set your dishwasher to the energy saving mode - and no dry heat modes save even more.
- Install aerators on your faucets to use less water.
- Fix leaky faucets and toilets.
- Replace older toilets with newer, low-flow models.
- Filter your shower water. You can purchase a filter that attaches to the head for about \$50.
- Use cold water for your laundry. Today's soaps are designed for cold water washing.
- Never let your car idle. If you're not driving - shut the engine.
- Use post-consumer, recycled content products, such as paper, napkins, toilet paper, tissues, and more.

Most of these tips were contributed by Elizabeth Striano Consultant and writer on sustainability and the environment. For more green tips visit www.agreenfootprint.com

Dealer Conference

This years the Dealer Conference will be in Buford, GA on the beautiful Lake Lanier. Our facility employees will be representing the 350DA, 391SB and 540DA, while PD & E representatives will show off our new 510FLY and 370VN. The show is September 10– September 14, 2013. Lets hope for a great show.

510FLY



E-Bay

We are currently selling select items on eBay, some are first quality items and some are second quality items. If any team member is interested in these items, they may freely purchase them through eBay and pay with a Paypal account. Group Leader, Kenny Matsikh is available to assist you.

When on eBay search for "BBGPCOAST01" and you will see all available items, remember new items are constantly being listed. Happy bidding.

2013 Gateway Activities:
Online Health Risk Assessment (HRA)
and
Biometric Screening
or
Alternative Means Screen (AMS) Form

Engagement

Congratulations on your engagement! On Saturday, August 10, 2013 Caleb Warren from our Assembly building proposed to his girlfriend Cody Holms. Their wedding is set for Saturday, October 5, 2013. We wish the best of luck to them.

