



# Pulse

Volume 9 Issue 3

May 2016–  
June 2016

An Employee Newsletter Published by the Employee Activities Committee at Brunswick Manufacturing, Palm Coast

## My Niece

By Mark Jones

Mark Jones is so proud of his niece Courtney Jasmin (Jones) who just joined WESH 2 Sports Team. Courtney was a military baby, so she grew up and traveled everywhere. She graduated from Florida State University and began her broadcasting career in LA. Courtney eventually becoming a reporter on FOX Sports Net/SportSouth. Courtney has worked sports reporting in Los Angeles, FOX Sports West/Prime, Dodgers Live, Clippers Live, and UCLA Sports Report. She also was a sideline reporter for PAC 10 college football and basketball games, and hosted live pregame and postgame shows for the Los Angeles Dodgers. Courtney also worked at Channel 4 news in Jacksonville before coming to WESH 2 News. Mark is just happy to have her close to home and able to be at all the family functions.



**Congratulations to Gary & Michelle Stout. Their son Garrett just swore in to the United State Army.**



**Jesse Sink is at it again. Went 5/5 on Tarpon after work on 5/10/16.**



Holiday (four day work week)	Date Observed
Memorial Day	Monday, May 30, 2016
Fourth of July	Monday, July 4, 2016
Labor Day	Monday, September 5, 2016
Thanksgiving Day	Thursday, November 24, 2016
Christmas Eve	Observed Thursday, December 22, 2016
Christmas Day Observed	Monday, December 26, 2016
<b>Summer Shutdown</b>	
Last day of production	Thursday, June 30, 2016
Production resumes	Tuesday, July 12, 2016
<b>Winter Shutdown</b>	
Last day of production	Thursday, December 15, 2016
Production resumes	Monday, January 2, 2017

## W-2s

**Q: The earlier alert mentioned a letter to our home about this matter. Where does that stand?**

As promised in an email alert sent recently, Brunswick will be mailing to your home a packet of additional information to help you take precautions against identity theft. You should receive it sometime early the week of May 9. **IF** you don't see it by Thursday, May 12, please call Brunswick's HR Service Center at 1-888-735-4767

The packet will arrive in a regular #10 envelope. **The Brunswick logo, which is printed on the letter, will be visible through a window in the upper left hand corner of the envelope.**

## Flag Football

Our annual Flag Football game was held at Carver field on April 23, 2016. Four teams battled it out playing double elimination and the winner was "Show Me Your TD's (Touch Downs)". The captain was Cory Soard and team members were: Latimore Sanchez, Anthony Onan, Paul Haughton, Justin Soard, Scott Nunally, Nick Michael, Ricky Adriano and Maurice Smith.



Thank you for all your participation.

Do not forget our Facility EAC has a Facebook Page: Sea Ray Meridian Palm Coast

## Neighborhood Discounts

Tony's Pizza 10%, Hi-Tulip 12%, Breakaways on the Beach 10%

## Fishing Tournament Shirts

There have been a lot of employees asking if they could purchase the shirts from the tournament. We need to have a minimum order of 60 shirts for the vendor to run at these prices since there are so many colors. S- XL shirts will be \$18.00 each, 2XL shirts will be \$20.00, 3XL shirts will be \$22.00 and 4Xl shirts will be \$24.00.

All **exact cash** orders will be due to Tricia by Monday June 6, 2016. If we do not meet the minimum of 60 shirts, we will return all money to employees.



## "Relay for Life"

By Chuck Johnson

I would like to thank all the employees along with their family members who were able to come and spend the night with our team at the Relay for Life. Our team raised over one thousand dollars and we have also submitted our paperwork for the "Dollars for Doers" program. We look forward to next years event.

## Knockerball

EAC has decided to have a Knockerball game on Saturday, June 4, 2016 at Seminole Woods Park in Palm Coast. Players will need to pay a deposit of \$10.00 per person to hold your spot, which will be refunded during the games on June 4th. Please pay your cash deposit to Tricia by Monday, May 23, 2016. If you don't want to bowl, come and have fun watching.



**Looking for 5 WIN suggestion per person for 2016, so enter your suggestions or ideas.**

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## Organizational Announcements

By Management

March 31, 2016



Chris Lamb  
Lamination Supervisor

April 25, 2016



Jason Combs  
Director, MFG Finance

May 5, 2016



Tom Plock  
Sub Assembly  
Supervi-

## Births



Congratulations to Lorenzo from Lamination and his wife Celeste Wright on the birth of their daughter Chacety Love Wright born April 12, 2016



## Discounts

Check out "TICKETS AT WORK" @ 866-273-5825 and use company code "BRUNSWICKCORP" to enjoy all of these discounts.

We also have [WWW.YOUCDECIDE.COM/BRUNSWICK](http://WWW.YOUCDECIDE.COM/BRUNSWICK) and once you set up an account using client ID: BRK276,

## EAC

- June 4, 2016 Knockerball
- July 27, 2016 Taste of Sea Ray/ Meridian
- August 13, 2016 Billiards
- September 17, 2016 Horseshoes
- October 1, 2016 Softball
- November 5, 2016 Bed Race
- Dec 12, 2016 Winter Banquet

Congratulations to Jeremy from Assembly on his marriage on March 7, 2016 to Elizabeth. Wishing Mr. & Mrs. Robertson the best of luck in their future.

## Wedding Bells

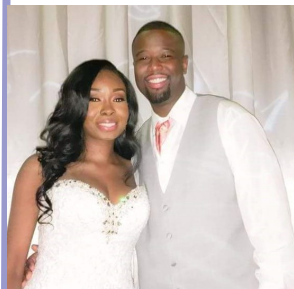


Congratulations to Travis from Assembly on his marriage on November 14, 2015 to Amber Wishing Mr. & Mrs. McCaslin the best of luck in their future.



Congratulations to Micheal from Assembly on his marriage on March 19, 2016 to Racquelle. Wishing Mr. & Mrs. Wyatt the best of luck in their future.

Congratulations to Caleb from Fabrication on his marriage on Saturday, April 23, 2016 to Abby. Wishing Mr. & Mrs. Fortney the best of luck in their future.



Congratulations to Mark Jones from Lamo QA on his marriage of his son Marcus on Friday, April 29, 2016 to Shandreka. Wishing Mr. & Mrs. Jones the best of luck in their future.

## “Where Am I Going on Vacation?”

A few days ago I mentioned I was going on vacation soon. A coworker (Erik) asked if I kept track of the places I have gone. I said no, but decided to try to recall all the places I have been to. Before I list where I have been, let me give you a little background. My sister works for the airlines and is not married, so I am listed as her enrolled friend. What does that mean? Means I fly almost free.

In 2004 we sent our parents on vacation to Maui, which ended up benefiting all of us. My parents bought a time share, where biyearly my family meets up for vacation. Since then, I have been traveling with my sister a few trips a year. My sister's motto is "there are too many places to see in the world to return to just one", so when she picks a random place you either go or miss out. Since 2004 I have been to: Dominican Republic, Hawaii, Bahamas, Costa Rica, Greece, Gibraltar, Morocco, Italy, Spain, Columbia, England, Ireland, Brazil, Guam, Aruba, Turkey, Cabo San Lucas, Portugal, Norway, Iceland, Honduras, Alaska and this year is Peru and New Zealand.

Our vacations are not how most people spend theirs with rest and relaxation, it is more of trying to conquer as much as we can in one week with only our back packs. The trips consist of flying stand by, brining back packs, staying at hostels, camping, hotels. and even sleeping in airports.

We have done amazing things such as hot air ballooning in Turkey, mingling with the apes at the "Rock of Gibraltar", snorkeling the coast of Honduras, swim with sharks in Bahamas (really stupid), zip lining hands free in Honduras and much more. I have reaped the benefits of my sister's job and enjoyed every moment. Hopefully the list will keep growing..

"You can't depend on your eyes when your imagination is out of focus" -Mark Twain

In order to get anything you want in life, you have to focus on the most important end result to you. Sounds simple....but here's why the application of FOCUS is incredibly difficult.

- Our focus shifts when we are afraid of something. For example, PAIN!! You won't run that extra mile because it's too hot, it's cold, it hurts....Switch your focus and see how it works for you. Think of how you will feel and look if you accomplish it.

-Our focus shifts when we want temporary pleasure. For example, I want that piece of cake because it makes me feel good for the moment because it tastes good. Temporarily it makes us not feel bad.

- Other people's demands.....modern society and technology enables us the ability to connect to the world. Sometimes that is not a good thing, especially when it diverts our attention and focus from our end results.

- Mass information is overwhelming. If you get too many things thrown at you, your brain can not process the information sufficiently. As humans our brains are designed to focus on only a limited amount of things at one time. For example.....we breathe, blink, our hearts beat, our blood flows, and our tissues regenerate without any focus at all. If we had to focus on all of that, it would overload our minds. Our focus is meant to be limited.

When we don't do things, it's not because we can't.....it's not because we don't want to, it's because of the way we are focusing. For example, we all know that exercising regularly is crucial to our health. Do we all do it??? The answer for most is NO.... most people will say that they don't have the time. When in fact, we just FEEL like we don't have time.....Sometimes we just FEEL like we don't want to come to work, but we come regardless. Shift your focus from a "FEEL" to a "MUST" and see how the situation changes.

These are just a few techniques I use to accomplish my goals. Take some time and think about the things that were noted. Be honest with yourself and see how these things can add value to your life.



It was a cool, brisk Saturday morning. The skies were still dark for it was too early for the sun to rise. 40 of Sea Rays top fisherman were set to compete to see who has what it takes to be the best. Some used boats and some used kayaks, but we were all there to catch some fish.

In my case, the fishing was good early on. We were catching fish with nearly every cast using live shrimp. The only problem was, everything we were catching was either too small or not a tournament fish. Then it seemed like the fish switch got shut off. Nothing was biting on any type of bait. We went from deep water to shallow water, running water to still water. This went on for a few hours until we called it quits and headed to the weigh in.

When we got to the weigh in, we arrived to our Panera lunch thanks to the wonder EAC Team. As we ate, more and more employee's arrived with what they caught. Once the clock hit 1 pm, the weigh ins closed. Now it was time to see who had what it took to beat out 39 other fishermen.

3rd place- Kevin Kelley (weight 5.5 Red & Trout)

2nd place- Mike Soard (weight 6.5 Red & Trout)

1st place- Jesse Sink (weight 7.6 Flounder, Red & Trout)



Special Note: Rob Popwich caught a Black Drum that was not in the tournament, but weighed 8.8.

EAC would like to

thank everyone who showed up to make this event happen and Steve O'Brien for assisting once again with the tournament.



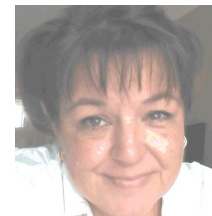
Spring has sprung and with the season of warmer weather upon us, I have chosen some wonderful outdoor gardens and hiking trails to consider for this months travel suggestions. I wish to start with Bok Towers Botanical Gardens. Bok Towers is situated in Lake Wales, Florida. This majestic 200 -acre garden features a 205-foot singing tower facing a reflecting pool, a bird sanctuary, and acres of oaks, pines, ferns, camellias, jasmine, spider lily, and wetland plants. Open 365 days a year..8am to 6pm. Check it out at [Boktowersgardens.org](http://Boktowersgardens.org) for prices and directions.

I used to go hike this great area in Titusville, Fl. Black Point wildlife Drive. (it's actually on Merritt Island.) A seven mile drive through conservation land with 11 kiosk stops with information on abundant wildlife of birds, fish, alligators and even Florida panthers have been spotted there. There is also a 5 mile walking loop with an observation tower. The visitors center is 5 miles east of U.S. 1 on State Rd. 402. Hours are 8 a.m. to 4:30 p.m. weekday and 9:00 a.m. to 5:00 p.m. Saturday. For more information, call (321) 861-0667 or visit [merrittisland.fws.gov](http://merrittisland.fws.gov).

If you are looking for something a little closer to home, we have great hiking trails all through the area of our very own Flager county. Washington Oaks Gardens State Park is a Florida State Park located near Palm Coast, Florida, along A1A. The park is most famous for its formal gardens, but it also preserves the original habitat of a northeast Florida barrier island. 6400 N Ocean Shore Blvd, Palm Coast, FL 32137. Washington Oaks has its own website as well. <http://www.washingtonoaks.org/>.

Last but not least, if you don't mind a little trek, a canopy walk. TreeUmph! Adventure Course. Walk on top of the trees. That's right.. They have suspension bridges, hanging nets, swing on Tarzan ropes and fly through the air on Zip-lines. If you are not afraid of heights, this could be for you. There are levels of difficulties and harnesses to keep you safe. Check out their website to see if you are brave or crazy enough to give it a try. <http://treeumph.com/>.

Remember, we live in paradise. The whole world comes to Florida to vacation in our beautiful state. Take advantage of what our state has to offer but lets keep it beautiful. Leave nothing behind but foot prints. Enjoy!



## Service Awards

May			
Department	FirstName	LastName	Year
1551	Jon	Kittrell	10
1731	Patricia	Grable	20
1554	Kenneth	Wiley	30
1387	Matthew	Melton	30
June			
Department	FirstName	LastName	Year
1374	Jose	Cruz	5
1704	Leonardo	Rosado	10

### "Be Your Best"

#### Walk This Way™ Log 500,000 steps

Enroll: 5/2/16 – 6/27/16  
Participate: 5/16/16 – 8/7/16  
Track: 5/16/16 – 8/21/16

#### Colorful Choices Earn 200 produce points

Enroll: 8/29/16 – 9/25/16  
Participate: 9/12/16 – 10/23/16  
Track: 9/12/16- 10/30/16

**Tobacco users- time is running out - the May 30 Deadline is approaching quickly!** If you identified as a tobacco user during open enrollment you are currently paying a higher medical premium than non-Tobacco users. If you enroll in and complete the Tobacco Cessation program through Be Your Best by 5/30/2016 you can qualify for a discounted medical contribution and will earn a lump sum reimbursement for the difference in the higher amount you have paid year to date.

#### Reminders for Success

Participants are responsible to ensure there is adequate time to complete the program and schedule phone sessions accordingly. To speak with a health coach <https://brunswick.biovia.healthfitness.com/> call 1.800.531.1470, option 2

On-demand coaching is an option for connecting with a coach outside of normally scheduled appointments. To utilize this option call 1.800.531.1470, option 2. Please note, on-demand coaching will not be available 5/27/16 - 5/30/16 in observance of Memorial Day

#### Walk This Way: Earn a \$100 Wellness Credit in 2016 upon completion

Gain strides towards healthier living with his 12-week walking program that encourages you to accumulate 10,000 steps each day. Receive access to an online tracker and motivating emails. Track steps with your fitness device or, if needed, receive a free pedometer and log book. We also have a limited supply of free pedometers available in HR, please see Destini if you would like one.

All benefit eligible employees & spouses can participate

Registration runs **May 2 - June 27, 2016**

The program runs **May 16 - August 7, 2016**

#### To register and obtain more information:

Log on to: <https://brunswick.biovia.healthfitness.com>

or call: 1-800-531-1470, option 1

**Sea Ray is hiring!** Remember we offer a \$500 referral bonus, so if you know someone who is interested, tell them to apply online and mention your name. All positions are hired direct to Sea Ray, so applicants must apply on [www.brunswick.com](http://www.brunswick.com) and search for jobs using zip code 32136. If you have questions about the bonus, or know someone interested, please see Elizabeth Tricano in HR.

## OUR SPACE By Mark Jones

Name: Nick Giuliano

Hometown: Riverside, CA

B-day/ Sign: July 25

Education: High School, some college

Status: Married

Family: Two sisters

Department: Group Lead, Dept 1203

Years @ Sea Ray: 3.5years

Most Memorable Moment: Marrying my wife

Role Model: Father

Ideal Vacation: Somewhere on the water



Name: Willie James

Hometown: Providence, RI

B-day/ Sign: July 29

Education: High School

Status: Divorced

Family: Two girls, one boy

Department/ Position: 1751, Warranty

Years @ Sea Ray: 2 years

Most Memorable Moment: Kids being born

Role Model: Father

Ideal Vacation: Italy



### WIN

You can now attach pictures, prints etc. Enjoy the new features.

### Nascar Discount

FOR QUESTIONS OR TO PURCHASE, PLEASE CALL 1-800-PITSHOP AND MENTION RACE REWARDS OFFER AND YOUR PARTICIPATING COMPANY OR ORGANIZATION.

[WWW.DAYTONAINTERNATIONALSPEEDWAY.COM/SAVINGS](http://WWW.DAYTONAINTERNATIONALSPEEDWAY.COM/SAVINGS) PASSWORD: CZREWARDS16

	YOUR PRICE	REGULAR PRICE
<p><b>RESERVED STADIUM SEAT \$ \$10 IN DAYTONA DOLLARS</b> (concession vouchers)</p> <ul style="list-style-type: none"> <li>Sections 124-131 &amp; 160-169, rows 1-10</li> <li>Sections 113-123 &amp; 120-129, rows 11-24</li> <li>Sections 108-112 &amp; 180-184, rows 25-35</li> </ul>	\$80	\$105
<p><b>KIDS RESERVED STADIUM SEAT \$ \$10 IN DAYTONA DOLLARS</b> (concession vouchers)</p>	\$25	\$30
<p><b>FANZONE/PRE-RACE WRISTBAND</b></p> <ul style="list-style-type: none"> <li>Must accompany race admission</li> <li>Kids 12 &amp; under free*</li> </ul>	\$30	\$60
<p><b>JULY 2</b></p>		
	YOUR PRICE	REGULAR PRICE
<p><b>GENERAL ADMISSION STADIUM SEAT \$ \$10 IN DAYTONA DOLLARS</b> (concession vouchers)</p> <ul style="list-style-type: none"> <li>Kids 12 &amp; under free*</li> </ul>	\$35	\$45
<p><b>FANZONE/PRE-RACE WRISTBAND</b></p> <ul style="list-style-type: none"> <li>Must accompany race admission</li> </ul>	\$15	\$25
<p><b>JULY 1</b></p>		